

SENIOR COMMUNITY

PROGRAMS & SERVICES

INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER ■ (248) 625-8231

About the Senior Community Center

The Independence Township Senior Community Center is located in Clintonwood Park in Clarkston. The Center offers discounted recreation and wellness programs, drop-in activities, trips and services for adults aged 50 and over. The programs take place in the Senior Community Center, Carriage House, and numerous sites throughout the community. For more information, call the center at (248) 625-8231 or visit www.indetwp.com. Look for our newsletter on the township website or stop by the center to become a member and have a copy mailed to you.

Community Center Hours

Monday–Friday, 8:00am–5:00pm
6000 Clarkston Road, Clarkston, MI 48348
(248) 625-8231 | Fax: (248) 922-3189
Go to www.indetwp.com “visitors” then “Senior Center”



BACK ROW: Barbara Rollin, Mary Jo Reid, Mary Przybycien, Carroll Harris, Lou Donagrandi, Pat Drake, Dale Coughlin. **FRONT ROW:** Mary Melega, Theresa Gordon, Patty Collins, Carol Vickery, Barbara Szematowicz. Not pictured: Gerald Ellis, Gordy Cloutier, JoAnn Foote, Tom Mitcham, Gerry Townsend.

Registration Information

Sign up for all adult programs at the Senior Community Center. You can pay by cash, checks made payable to Independence Township or Master Card and Visa. Classes must be paid for in full when registering. If you cancel a trip or event, we will refund the cost (minus a \$10 administrative fee) if the center does not incur an expense for your place or if someone on the waiting list can replace you.

Membership Information

Your membership is valid from the date you sign up until a year from that date. Couples must sign up at the same time to receive the membership rate. Our membership fees are as follows:

- \$12 a person for residents.
- \$17 a person for non-residents.
- \$22 a couple for residents.
- \$32 a couple for non-residents.

Residents are persons who pay taxes to Independence Township even if their mailing address is listed differently. All new members will receive a one time welcome package that includes a \$5.00 coupon that can be used towards a class or program and bi-monthly newsletters. Your membership also entitles you to discounts on all of our programs and classes. All of our programs and trips reflect member and non-member fees.

SERVICES

Transportation



Independence Township provides mini-bus service for persons over 55 and persons 18 and over who have physical and/or mental disabilities and are residents of Clarkston, Independence Township or Springfield Township. Service is Monday–Friday from 8:30am–4:00pm. Vehicles with wheel chair lifts are available. Local destinations must be within Clarkston, Independence Township or Springfield Township, plus three nearby hospitals. Cost share is \$3.00 each way and local hospital trips are \$5.00 each way. Special shopping trips are offered on a sign up basis. Call (248) 625-8231 at least two days in advance. Medical forms must be completed by new riders before they ride.

Nutrition

“Homemade lunches” are served at the Center on Thursdays at 12 noon for \$7.00 per person. To check the menu or reserve a meal, call the office at (248) 625-8231 by 5:00pm on the Monday before the lunch. Thursday lunch menus are also posted in our newsletter on the Independence Township Website under Senior Center. If you enjoy trivia join us at 11:00am on Thursdays before lunch.

Meals on Wheels are delivered seven days per week for homebound residents of Clarkston and Independence Township.

Hot meals are available seven days a week to older adults 60 and over and to people with short or long term disabilities living in Independence Township and Clarkston. To sign up contact the Older Persons Commission (OPC) at (248) 608-0264 or the Center at (248) 625-8231 for more information. The OPC Senior Center in Rochester provides this service to Independence Township and Clarkston through a grant with the Area Agency on Aging 1B.

Homebound Book Program

Sponsored by the Clarkston Independence District Library and the Senior Community Center. We offer **FREE HOME DELIVERY** of books and audio books to homebound adults. For more info on the Home Delivery Service call Lawrence Marble at the Library (248) 625-2464 or Barbara at the Center at (248) 625-8231.



SENIOR SERVICES INFORMATION AND ASSISTANCE

Our Senior Services Coordinator, Patricia Collins, helps seniors and their caregivers locate area services and resources. She can be contacted at (248) 625-8231 ext. 17 for assistance with housing information, legal referrals, Medicare/Medicaid Counseling, prescription and long term care decisions and transportation options.

AARP Income Tax Preparation Assistance

Tuesdays, February 7– April 11, 2017 in Bartsch Hall. AARP trained volunteers will prepare federal and state returns. Due to high demand, appointments will be scheduled beginning January 9, 2017 for members, Independence Twp., Springfield Twp., and the Village of Clarkston residents. Calls from other individuals will be received beginning January 16, 2017. A list of required documents is published in the January/February 2017 newsletter.

Medical Equipment Loan Closet

Includes wheelchairs, walkers, crutches, canes, shower seats and commodes. A cash deposit is required for wheelchairs, seated walkers and shower chairs.

Minor Home Repair Program

This program is designed to help low income households to complete repairs of no more than \$5,000 to a single unit residence. Contact Theresa at the Center at (248) 625-8231 for additional information.

Additional Services:

- Attorney Consultations
- Bereavement Support Group
- Blood Pressure Checks
- Hearing Consultations
- Low Vision Support Group
- TEFAP Food Program
- Visiting Podiatrist

UPCOMING PROGRAMS AND PRESENTATIONS

For session dates, pricing, and additional information call the Senior Community Center at (248) 625-8231 or refer to the Bi-Monthly Senior Newsletter or view the newsletter online at www.indetwp.com.

Cell Phone 101

January 5 and April 13, 1:30pm
Learn to use all of those mystery buttons on your cell phone. This individualized workshop will answer your questions and build your confidence.

Caregiver Support Group

Second Tuesday of the month, 2:00pm
Fourth Tuesday of the month, 7:00pm
You are invited to join with others in a group focused on supporting you. Conversations will be guided by Thomas K. Stone, a former licensed counselor.

Declutter and Organize Your Home

January 12, 1:30pm
Keep your New Year's resolution to be more organized. Learn strategies to help you organize your treasures or to downsize. Find out where and how to donate unneeded items.

Home Safe Home

January 19, 1:30pm
Many people want to continue to live in their own homes during their golden years. Join us and learn how to make your home "senior safe."

Picture Perfect – Photo Organization

February 2, 1:30pm
Photos or old VHS tapes in boxes in the basement or attic? Learn from a professional organizer new ideas for storing and sharing those precious memories with family and friends.

Better Backs

March 23, 1:30pm
"Ouch! My back is sore!" If you have ever said these words, then this class is for you! Learn stretches, exercises and tips to strengthen lower back muscles and prevent injuries.

Medicare 101

April 20, 1:30pm
Learn about who is eligible for Medicare, how to enroll and what services are covered.

Food For Thought

TBA
A registered nurse will de-mystify food labels, demonstrate healthy meal preparation. Each class will include a healthy meal for participants to sample.

Volunteer Appreciation Party

April 26, 12:00pm
All registered Senior Community Center volunteers are invited by special invitation. Must have at least 10 documented hours or more to attend.

ACTIVITIES AND PROGRAMS

Beginning Bridge Lessons

Mondays, 10:00am
Learn the fundamentals of Bridge.

Intermediate Bridge Lessons

Thursdays, 10:00am
Continue to learn more about Bridge.

Bunco

Second Wednesday of the month, 1:00pm
Join us for an upbeat afternoon with friends playing this easy dice game. Prizes awarded after each session. New to Bunco? No worries, we go over the rules each month.

Chair Massage

First & Third Tuesdays, 10:00am
Help relieve common aches, pains, and stresses. Focus is on the upper body. Each recipient is seated and fully clothed.

Club Bookworm

Last Thursday of the month, 10:00am
Love to read? Come share your opinions and insights with our informal group. New book selections are available for pick up at the monthly discussion meetings or anytime after in the office.

NEW Coloring and Current Events

Thursdays, 10:00am
A great way to relax and decompress in our busy stressed out world while chatting with others.

Dinner and Euchre Evenings

Third Wednesday of the month, 6:00pm
Enjoy dinner with friends followed by Euchre. Come with a partner, by yourself or with a group of friends. Prizes will be awarded to first, second and third place winners.

Mani's with Marcy

Second & Fourth Wednesday of the month, 10:00am
Have your manicure done at the Senior Community Center for a great price! Appointments recommended. Walk-ins will only if time permits.

My Legal and Financial Solutions

Second Thursday of the month, 9:30am
Informative presentation concentrating in the areas of estates, estate planning, Wills, trusts and real estate. Gather information regarding financial planning that My Legal Solutions, PLLC provides.

Recipe Roundup-Calling All Foodies

First Friday of the month, 12:00pm
Prepare your recipe at home and bring enough to share with everyone in the group. Each month features a new and different theme.

Sew Whats?

First & Third Thursdays, 11:30am
You may choose to either work on a specific project of your own or a group project which will be donated to the Senior Community Center or a community resource in need.

Weekly Activities

MONDAY

Euchre
Mondays at 1:00pm
Drop in and Duplicate Bridge
Mondays at 12:00pm

TUESDAY

Double Deck Pinochle
Tuesdays and Fridays at 1:00pm

WEDNESDAY

Country Band
Last Wednesday of each month at 2:00pm
Knitting Group
Wednesdays at 10:00am and Fridays at 12:00pm
Mahjong
Wednesdays at 12:30pm

THURSDAY

Bingo
Thursdays at 1:00pm
Hand and Foot Game
Thursdays at 9:00am

FRIDAY

Marathon Bridge
Second and Fourth Fridays at 12:00pm
Quilting Club
Fridays at 9:00am
Recycled Greeting Cards
Fridays at 9:00am

CREATIVE AND ENRICHMENT OPPORTUNITIES

Anyone Can Paint!

*Third Tuesday in January & February
Third Monday in March–May, 9:00am*
Join award winning television artist Steve Wood and learn his step-by-step methods and techniques for achieving successful paintings.

Coffee and Conversation

January 26 & April 4, 10:30am
Join with neighbors for a cup of coffee and some casual conversation on topics of community interest.

Creative Card Making

January 26 & February 23, 12:30pm
Create your own signature greeting cards. During this class you will make four cards using a variety of card making and stamping techniques.

Family and Friends First Aid/CPR

March 25, 5:00pm
This one day class is an American Heart Association course that teaches students how to perform CPR on adults, children and infants and how to help an adult, child or infant who is choking.

Genealogical Research

*January 18, March 15, April 5,
April 26, May 17, 9:30am*
Start finding your family ancestry or to overcome a research roadblock. Make an appointment for one or more hours of individual one-on-one family searching.

How To Age Gracefully

January 12 & April 6, 1:30pm
Dr. Thomas K. Stone will be here to help you understand how you can learn to age gracefully, applying to people of all ages.

Woodcarving

Fridays, 9:00am
Instructor Bob Dixon will teach you the fundamentals of woodcarving with knives or chisels, feathering techniques, texturing and painting your project. All skill levels welcome.

SPORTS

Biking Club

*Tuesdays, 9:00am
Beginning in May*
Join our group for relaxing rides around the Clarkston area beautiful bike paths. All skill levels welcome. Riding time is approximately 2 hours round trip.

Bowling (Ongoing)

Mondays, 1:00pm, Cherry Hill Lanes
Informal league includes three games for just \$6.50 per week. Bowlers are not obligated to bowl each week or pay for weeks missed. Weekly fee includes end of season bowling banquet.

50+ Golf Lessons

*Thursdays in May, 11:00am
Heather Highlands Golf Course*
You will learn the fundamentals of the golf swing, the long game to the short game, putting, rules and proper etiquette, along with developing course management skills.

50+ Golf

*Tuesdays May–August, 7:30am
Heather Highlands Golf Course*
Drop in play, all abilities.

Men's 50+ Softball

Leagues and times vary. If you are interested, please call Lisa McCoy at (248) 625-8223.

Women's 50+ Softball

County-wide league. Games are played on Tuesday evenings beginning in May. If interested, please call Mary Melega at (248) 625-8231.

Pickleball

First Congregational Church of Clarkston
The hottest game around! A combination of tennis, ping pong, badminton and racquetball. Never played before? We will teach you and you will be hooked in no time!

Indoor Morning Pickleball (Ongoing)

*Monday, Wednesday, Friday, Saturday
9:00am*

Indoor Evening Pickleball (Ongoing)*

Tuesdays, 6:00pm
*Experienced Players

EXERCISE AND FITNESS CLASSES

"Breakfast Club" Body Management

*Monday, Wednesday, Friday, 11:00am
McLaren Fitness Center*
This gentle exercise program is designed to improve and maintain flexibility, mobility, and range of motion, circulation, strength and balance.

Heartbeat – Mornings

Tuesdays, 10:30am

Heartbeat – Evenings

Mondays, 5:30pm
Connect with your true rhythm in this Cardio Fitness class. Drumsticks, fitness balls and hands are all you need to bring fun back to fitness. All equipment is included. Please bring water.

Line Dancing

Mondays, 10:00am
Dance to country, salsa, cha-cha and rock and roll rhythms with Rosemary Hall to exercise your body and mind. You are not obligated to participate on consecutive weeks.

Evening Line Dancing

Wednesdays, 5:30pm
Line Dance to all types of Music. All skill levels welcome!

Tai Chi – Beginning

*Wednesdays, 11:00am
Senior Center Carriage House*
Are you new to Tai Chi? This class is designed to start you from the very beginning. Improve movement and balance after the first few classes!

Tai Chi – Intermediate

Mondays, 11:00am, St. Daniel Church
These classes can make a big difference in your mobility and health. For more information, go to www.wustyle.com.

Pole Walking

Stay tuned for spring dates!
This amazing new fitness activity using Exerstrider Poles turbo charges your normal walking regimen by burning 40% more calories than regular walking. It automatically improves walking posture and helps to reduce stress to shins, knees, hips and back while radically improving balance and stability.

Stretch it Out!

Wednesdays & Fridays, 9:00am
This basic exercise class is designed to provide a well-rounded fitness program to improve strength, flexibility and balance. A great way to improve and maintain physical functioning with easy to learn cardio steps to fun music.

Adaptive Yoga

Tuesdays, 9:00am
This class adapts Yoga to all types of bodies and abilities. Optional use of light hand weights, stability balls, and strap or tie. Bring weights, strap and yoga mat to class.

Chair Yoga

*Wednesdays, 9:00am
Fridays, 11:00am*
No need to have prior yoga experience. Offers wonderful health benefits including greater flexibility, improved muscle tone, increased energy level and helps alleviate joint pain from arthritis. It also reduces stress and improves mental clarity.

Zumba Gold Fitness

Mondays, 5:30pm
This dance fitness program incorporates cardio exercise using interval training. The addition of toning makes this workout effective for the whole body.

LOCAL FITNESS PARTNERSHIPS

Great Lakes Athletic Club

Great Lakes Athletic Club is offering Aquatic Classes and Active Life Exercise Classes to our Senior Community Center members on Tuesdays and Thursdays from 11:00 am to 1:00 pm.

McLaren Fitness Center – Clarkston

McLaren Fitness Center is offering monthly gym memberships to Independence Township Senior Community Center members for only \$20.00 per month. Couples who are members only pay \$30.00 per month. Call (248) 922-6820 to sign up!

Fitness Quest at Healthquest – Clarkston

Fitness Quest is offering monthly gym memberships to Independence Township Senior Community Center members for only \$40.00 per month. Couples who are members only pay \$70.00 per month. Call (248) 625-6022 to sign up!

TRAVEL

Please Note: Stop by or call the Senior Community Center for detailed flyers for all Day Trips and Extended Travel Trips (including Single and Triple Occupancy Pricing).

Choose to travel with the Independence Township Senior Center because...

- We provide a variety of travel options for exploring close to home and beyond!
- The opportunity to form new friendships!
- Experience worry free, safe, escorted travel.

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.

DAY TRIPS

Mom's Gift

In this comedy with a heart, Mom has been dead for 11 months and shows up at her husband's birthday party as a ghost with a mission. Like Clarence in "It's a Wonderful Life," she has to accomplish a task to earn her wings. What the task actually is, is a mystery. The only person that can see Mom is her daughter who has been ordered by the Court to spend her dad's birthday with him as part of her Anger Management Program. Family secrets are peeled away, even shocking Mom, the ghost. Lunch is included prior to the performance at O'Malleys. Mini-bus transportation.

Meadowbrook Theatre, Wednesday, January 25		
TIME	RES.	NON.
Departs 11:30am Returns 4:30pm	\$48	\$53

Detroit Red Wings Game vs. New Jersey Devils

MParks Night at the Joe

This fun evening includes Red Wings ticket, food voucher, and transportation by Gen X Limo of Oxford. Register today!

Tuesday, January 31		
TIME	RES.	NON.
Departs 5:30pm Returns 11:30pm	\$60	\$65

Firekeepers Casino

Includes \$20.00 on Player's Club Card and \$5.00 Food Credit, Motorcoach transportation.

Tuesday, February 7		
TIME	RES.	NON.
Departs 8:00am Returns 4:00pm	\$45	\$52

Holocaust Museum

The Holocaust is a history not only of evil, although the evil is undeniable, but also of great courage, strength and righteousness. Trip includes a docent led tour and survivor talk, lunch following the tour at Granite City Food and Brewery. Please choose (1) chicken salad sandwich; (2) Prime Rib Sandwich; or (3) Veggie Wrap. Motorcoach transportation.

Wednesday, February 15		
TIME	RES.	NON.
Departs 10:00am Returns 4:45pm	\$72	\$77

Detroit Institute of Arts

Bittersweet: Coffee, Tea and Chocolate Exhibition

The first exhibition at the Detroit Institute of Arts to engage in all five senses. In addition to seeing art, you can touch, hear, smell and taste coffee and tea related beverages. From social revolutions that change the way we drink our morning blends, to design revolutions that changed the objects we drink from, step back in time to when gathering over a cup of your favorite hot beverage caused a stir that upended the world. Includes coffee and cookie reception and motorcoach transportation.

Thursday, February 16		
TIME	RES.	NON.
Departs 12:00pm Returns 4:00pm	\$10	\$15

Altar Boyz

This is a foot stomping, rafter raising, musical comedy about a fictitious Christian boy-band. The Boyz are five singing, dancing heartthrobs: Matthew, Mark Luke, John and Abraham. Lunch is included at Mitchells prior to the performance. Mini-bus transportation.

Meadowbrook Theatre, February 22		
TIME	RES.	NON.
Departs 11:30am Returns 4:30pm	\$53	\$58

A Night at the Academy Awards

Detroit Symphony Orchestra Pops

Lights, camera, pops! Hear some of Hollywood's endearing scores from academy award winning films such as Avatar, Rocky, Star Wars, Titanic and more! Relive the unforgettable music that made the movies great. Lunch on your own after the concert. Mini-bus transportation.

Friday, February 24		
TIME	RES.	NON.
Departs 8:45am Returns 3:00pm	\$44	\$49

Cirque De La Symphonie

Detroit Symphony Orchestra Pops

The DSO and Jeff Tyzik are joined by Cirque de la Symphonie. Aerial acrobats literally "drop" into Orchestra Hall. Each gravity defying feat choreographed to live music performed by the DSO. Acrobats, aerialists, contortionists, strongmen and jugglers all performing to music. Lunch stop on your own after the concert. Mini-bus transportation.

Friday, March 31		
TIME	RES.	NON.
Departs 8:45am Returns 3:00pm	\$44	\$49

I Love A Piano

A Celebration of Music by Irving Berlin.. Along the way, the story comes to life with over sixty of Irving Berlin's most beloved songs, including the classics "Blue Skies," "Puttin on the Ritz," "Cheek to Cheek," "Always," "God Bless America," and, of course "I Love A Piano." Lunch included prior to the performance at Alfocinos. Mini-bus transportation.

Meadowbrook Theatre, May 3		
TIME	RES.	NON.
Departs 11:30pm Returns 4:30pm	\$59	\$64

Caesars Windsor

A casino and a concert! A great way to spend St. Patrick's Day since this trip includes a ticket to see the famous Irish Rovers at the Windsor Casino Colosseum. Includes motorcoach transportation.

Friday, March 17		
TIME	RES.	NON.
Departs 11:45am Returns 7:30pm	\$35	\$40

See The "T"

An exciting day in Toledo!

Visit the Toledo Zoo, one of the world's most complete zoos with over 5,300 animals representing over 760 species. Enjoy a cafeteria style lunch at Tony Packos' at the Park. Choices include Hungarian fare such as chicken paprika and stuffed cabbage. An after lunch stop includes a visit to the National Museum of the Great Lakes and HAAS Bakery featuring a full line of bakery products including Hungarian baked goods and more.

Tuesday, May 23		
TIME	RES.	NON.
Departs 8:00am Returns 6:15pm	\$87	\$92

Why Do Fools Fall In Love

Millie's getting married! At her impromptu bachelorette party, Millie and her best friends dive into age-old questions about love, marriage, and the overwhelming dating game. As the celebration picks up steam and the drinks flow, the girls reveal secrets about their love lives as they poke fun and challenge each other to take control of their lives. Featuring smash pop hits of the 1960's. This uplifting show reaffirms that during life's struggles, true friendship will unveil its everlasting strength. Lunch included prior to the performance at Castle Grill. Mini-bus transportation.

Meadowbrook Theatre, Wednesday, June 14		
TIME	RES.	NON.
Departs 11:30am Returns 4:30pm	\$58	\$63

Martha Reeves & The Vandellas

Bavarian Inn - Frankenmuth

For 54 years, Motown Artist Martha Reeves & the Vandellas have entertained us with chart topping hits such as "Hear Wave," "Nowhere to Run," "Dancing in the Street" and "Jimmy Mack," just to name a few. Experience these, as well as many other hits! Trip includes a hearty chicken plate meal, beverage, tax and gratuity. After the show, we will stop at Bronner's for some early Christmas shopping. Motorcoach transportation.

Wednesday, September 20		
TIME	RES.	NON.
Departs 9:15am Returns 4:30pm	\$89	\$94

ON THE HORIZON

Stratford Day Trip: "Guys and Dolls"
MAY 2017

Blissfield Dinner Train
OCTOBER 2017

EXTENDED TRIPS

The following contain brief descriptions of each trip. Please stop by the Senior Community Center and pick up a detailed flyer. Single and triple pricing also available upon request. PLEASE NOTE: ALL PRICES ARE PER PERSON.



Southwest Explorer

Too good to be true! Includes round trip airfare from Detroit to Las Vegas, 4 Nights in Laughlin, Nevada, 2 Nights in Las Vegas, 5 Breakfasts, 1 Lunch and 3 Dinners, Hoover Dam, Boat Cruise on Lake Mead, Grand Canyon Skywalk, Celebration Dinner Cruise, Red Rock Canyon State Park, Sightseeing Tour of Las Vegas, Day Tour of Death Valley National Park, Luggage Handling including Airport Baggage Fees, Taxes and Tips on all included meals. Modern motorcoach transportation to all included daytrips and attractions.

February 22–28

GROUP	RES.	NON.
Double	\$1959	\$2009

Deposit: \$250 per person
Balance Due: At registration
Optional Cancellation Insurance is available at \$95 per person, payable with deposit.



Hawaii By Land and Sea

This 10 day dream trip includes round trip airfare from Detroit to Honolulu, 7 night cruise aboard NCL's Pride of America, Honolulu, Pearl Harbor, USS Arizona Memorial, Honolulu City Tour, Maui, Hilo, Kona, Kauai and North Shore of Oahu. Hometown transfers to and from airport, 8 Breakfasts, 6 Lunches and 8 Dinners.

March 10–19

\$5,199–\$5,999 per person
(depending on cabin choice)

Deposit: \$250 per person
Balance Due: At registration
Optional Cancellation Insurance is available at \$350 per person, payable with deposit.



Springtime Tulip River Cruise

Dutch and Belgian Waterways

Highlights include Amsterdam, 7 Night River Cruise, Volendam, Arnhem, Middelburg, Ghent, Bruges, Antwerp, Kinderdijk Windmills and Keukenhof Gardens. Includes airfare, transportation to and from the airport and 20 meals.

April 19–27

\$4,099–\$4,799 per person
(depending on cabin choice)

Deposit: \$250 per person
Balance Due: At registration
Optional Cancellation Insurance is available at \$350 per person, payable with deposit.



Celebration Belle

Cruising on the Mississippi

Trip includes 2 Nights at the Isle of Capri Casino Resort, Celebration Belle Lunch and Entertainment Cruise. The 750 passenger paddlewheel boat is specifically designed for cruising the waterways of the great Mississippi River and the Big Band themed lunch cruise is the perfect way to enjoy onboard entertainment, lunch and scenic cruising. Weyerhaeuser Mansion, the Music Man @ Circa 21 Dinner Theatre, Isabel Bloom production Studio and John Deere Pavilion, 2 Breakfasts, 1 Lunch and 2 Dinners, motorcoach transportation, luggage handling and tax and tip on included meals.

April 26–28

GROUP	RES.	NON.
Double	\$524	\$549

Deposit: \$100 per person
Balance Due: March 26
Optional Cancellation Insurance is available at \$25 per person, payable with deposit.

Colonial Williamsburg

Includes 5 Nights lodging, 5 Breakfasts, 3 Dinners, American Mountain Theatre, Thomas Jefferson's Monticello, Colonial Williamsburg, Walking Tour of Williamsburg, Sight Seeing Tour of Jamestown, Yorktown Victory Center, Virginia Dare Dinner Cruise, National D Day Memorial, Luggage Handling, tax and tip on included meals and motorcoach transportation.

May 13–18

GROUP	RES.	NON.
Double	\$1,259	\$1284

Deposit: \$100 per person
Balance Due: April 1
Optional Cancellation Insurance is available at \$75 per person, payable with deposit.



Cape Cod

Martha's Vineyard and Nantucket Island

Includes 2 Nights in Pennsylvania, 5 Nights at the Oceanfront Red Jacket Beach Resort, 7 Breakfasts, 4 Dinners, John F. Kennedy Memorial, Guided Tour of Cape Cod, Whale Watch Cruise, Roundtrip Ferry to Martha's Vineyard, Ferry to Nantucket Island, Leisure time on both islands, New Bedford Whaling Museum, Sandwich Glass Museum, and more!

June 24 – July 1

GROUP	RES.	NON.
Double	\$1,799	\$1,824

Deposit: \$100 per person
Balance Due: May 15
Optional Cancellation Insurance is available at \$90 per person, payable with deposit.

Mackinac Bridge Walk

Here is your opportunity to walk the Mackinac Bridge! Our tour includes motorcoach transportation, 1 nights lodging at the Kewadin Casino in Sault Ste. Marie, visit to Kewadin Shores Casino in St. Ignace, gaming and casino packages at both casinos, 1 Breakfast, shopping time in Mackinac City and taxes on included lodging.

September 3–4

GROUP	RES.	NON.
Double	\$169	\$179

Deposit: \$50 per person
Balance Due: August 1
Optional Cancellation Insurance is available at \$75 per person, payable with deposit.

National Parks – Canyon Country

Bryce Canyon, Zion National Park, Grand Canyon, Lake Powell and Sedona

Includes 2 Cross Country Rail Excursions – Amtrak's California Zephyr and the Southwest Chief. 1 Night in Grand Junction Colorado, 3 Nights in Kanab, Utah, 3 Nights in Sedona, Arizona, 1 Night in Flagstaff, Arizona, 7 Breakfasts, 1 Lunch and 5 Dinners, Bryce Canyon National Park Tour, Colorado National Monument, Rim Rock Drive, Zion National Park Tour, Lake Powell Boat Cruise, Sedona Highlights Trolley Tour and many, many more.

September 6–16

GROUP	RES.	NON.
Double	\$2,899	\$2924

Deposit: \$250 per person
Balance Due: July 1
Optional Cancellation Insurance is available at \$150 per person, payable with deposit.

Need to Know Trip Policy Information:

- Once tickets are purchased for a day trip, we are unable to process a refund to you, unless someone replaces you from the waiting list.
- Medical forms and waivers must be completed by all participants prior to departing for a day trip or participating in a program.
- A waiting list is started whenever a day trip or a special event becomes full. If you are unable to attend a day trip or special event after you sign up, contact the Center so that the next person on the waiting list will have a chance to attend.
- Plan to be at the Center a minimum of 15 minutes prior to departure time for day trips.
- Parking for trips is available in the dirt parking lot on the East side of the Carriage House.
- For any trip that crosses the border to Canada, proper ID is required. You must have an enhanced driver's license or a passport and no prior arrests-otherwise you will be asked to exit the motorcoach.
- Independence Township Parks Recreation & Seniors reserves the right to request that any person needing assistance when participating in our programs is accompanied by a personal escort. A paid reservation must be made for the escort.



Discovering Poland

Highlights include Warsaw, Black Madonna, Jasna Gora Monastery, Krakow, Folklore Show & Dinner, Auschwitz, Wroclaw, Torun, Gingerbread Baking, Gdansk, Solidarity Shipyards and Marienberg Fortress. Includes roundtrip airfare, transportation to and from the airport and 15 meals.

September 21 – October 2

GROUP	RES.	NON.
Double	\$3,599	\$3,599

Deposit: \$250 per person
Balance Due: July 23
Optional Cancellation Insurance is available at \$280 per person, payable with deposit.

PLEASE DO NOT LET THIS HAPPEN!

Cancellation of Day and Extended Trips can be avoided. Deadlines are very important for planning purposes! Please avoid disappointments by registering early!



South Pacific Wonders (Australia And New Zealand)

Highlights include Cairns, Great Barrier Reef, Sydney, Sydney Opera House, Christchurch, Mount Cook National Park, Queenstown, Milford Sound and Arrowtown. Includes roundtrip airfare, 15 days and 20 meals.

October 10 – 24

GROUP	RES.	NON.
Double	\$6,599	\$6,599

Deposit: \$250 per person
Balance Due: August 10
Optional Cancellation Insurance is available at \$350 per person, payable with deposit.
Optional 3 Night Fiji Post Tour Extension.



Iceland's Magical Northern Lights

Highlights include Reykjavik, Northern Lights Cruise, Golden Circle, Thingvellir National Park, Geysir, Gullfoss, Seljalandsfoss, Vik, Eyjafjallajokull Volcano Visitor Center, Skogar Museum, Skogafoss, Jokulsarlon Glacial Lagoon, Skaftafell National Park, Vatnajokull Glacier, and Blue Lagoon. Includes roundtrip airfare, 7 days and 10 meals.

November 4 – 10

GROUP	RES.	NON.
Double	\$3,399	\$3,399

Deposit: \$250 per person
Balance Due: September 5
Optional Cancellation Insurance is available at \$280 per person, payable with deposit.

Do not miss our Special Travel Presentation outlining South Pacific Wonders and Iceland's Magical Northern Lights trips on Thursday, February 2, 2017 at 2:30 p.m. at the Independence Senior Community Center.

ON THE HORIZON

America's National Parks
AUGUST 2017

Agawa Canyon Rail Journey and Soo Locks Dinner Cruise
OCTOBER 2017

Grand Experience – Mackinac Island Grand Hotel
OCTOBER 2017

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.



Senior Center Advisory Committee

Independence Township Senior Adult Community Center Advisory meets on the second Wednesday every other Month starting at 9:00am. This group is approved by the Township Board to represent the Center and to offer input and support into the operations and programs. Meetings dates are on Wednesdays as follows: January 11, March 8, May 10 and July 12, 2017. Call Barbara Rollin at the Center for more information.

Senior Advisory Officers:

Joe Figa, President
Pat Edwards, Vice President
Carolyn Morrison, Secretary

Members At Large:

Connie Hutchison, Don Kayko, Lee Kuczanski, Donna Miller, Jean Pachuta, Mary Lou Schell, Sue Shubert, Tom Stone and Mel Vaara.

Staff:

Barbara Rolli, Senior Division Supervisor
Patrick Kittle, Township Supervisor
Barbara Pallotta, Clerk

Friends of the Independence Township Senior Adult Activity Center (FITSAAC)

Friends was approved in 2010 by the IRS as a 501(c)(3) non profit, tax exempt organization. The Friends are managed by a Board of Directors, which is comprised of members listed below. Their main goal is to raise funds to help support programs and services of the Senior Center.

Friends of the Independence Township Senior Adult Activity Center

Meets the second Wednesday every month at 10:00 after the Senior Advisory or at 9:00 on the off months. Call Barbara Rollin at the Center for more information.

Friends Officers:

Carolyn Morrison, President
Lee Kuczanski, Vice President/Treasurer
Pat Edwards, Secretary

Members At Large:

Joe Figa, Sharon Hubbard, Connie Hutchison, Don Kayko, Pam Marin, Donna Miller, Mary Lou Schell, Sue Shubert and Mel Vaara

Senior Adult Community Center Building Expansion

Thanks to the following businesses and individuals who donated funds and in-kind services to our new addition project:

- \$1000 + **Jean MR Smith Foundation requested by Susan Sajdak**
- \$1000 + **In Memory of George & Pat Whitton from Donna Miller & Family**
- \$500 + **Cynthia A. Matusko**
- \$500 + **Lourdes Senior Community**

Donations are being accepted for our Building Expansion Fund for additional items needed for the new kitchen and other new addition items. Checks can be made to FITSAAC and designated for the new addition. Please contact Barbara Rollin, Senior Division Supervisor at (248) 625-8231 or Carolyn Morrison.



WINTER/SPRING 2017

Call 248-623-4326 or visit www.ITPRS.org to register.

Independence Township Parks, Recreation & Seniors
6483 Waldon Center Drive
Clarkston, MI 48346

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CLARKSTON, MI
PERMIT NO. 20

Clarkston Community Education

Adult & Youth Enrichment

VISA MasterCard Accepted

Register Early!
Many classes fill up quickly.
Please register one week in advance so we can make class enrollment decisions.

Registrants are contacted ONLY if the class is full or canceled.

