

# SENIOR COMMUNITY

## PROGRAMS & SERVICES

INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER ■ (248) 625-8231

### About the Senior Community Center

The Independence Township Senior Community Center is located inside Clintonwood Park in Clarkston. The Center offers discounted recreation and wellness programs, drop-in activities, trips and services for adults aged 50 and over. The programs take place in the Senior Community Center, Carriage House, and numerous sites throughout the community. For more information, call the center at (248) 625-8231 or visit [www.indehwp.com](http://www.indehwp.com). Look for our newsletter on the township website or stop by the center to become a member and have a copy mailed to you.

#### Community Center Hours

Monday–Friday, 8am–5pm  
6000 Clarkston Road, Clarkston, MI 48348  
(248) 625-8231 | Fax: (248) 922-3189  
Go to [www.indehwp.com](http://www.indehwp.com) “visitors” then “Senior Center”

#### Meet the Staff



**FROM LEFT TO RIGHT:** Carroll Harris, Vic O’Bezil, Theresa Gordon, Patty Collins, Mary Jo Reid, Barbara Szematowicz, Jennifer Angus, Jerry Ellis, Mary Melega, Dale Coughlin, Lou Donagrandi, Barbara Rollin, Janel Sadowski. **NOT PICTURED:** Kimm Blue, Gordy Cloutier, Tom Mitcham, Nancy Shuman, John Smith, Gerry Townsend and Carol Vickery.

#### Program Registration Information

Sign up for senior programs by phone or in person at the Senior Community Center. You can pay by cash, checks made payable to Independence Township, Master Card or Visa. Classes must be paid for in full when registering. **\*2018 pricing now reflects member and non-member drop-in fees.** This includes all senior classes, sports & exercise programs, presentations, cards/games and ongoing activities listed in the bimonthly Senior Connection newsletter and ITPRS Recreation Guide.

#### Membership Information

Your membership is valid from the date you sign up until a year from that date. Couples must sign up at the same time to receive the membership rate. Our membership fees are as follows:

- \$15 a person for residents
- \$20 a person for non-residents
- \$25 a couple for residents
- \$35 a couple for non-residents

**\*Residents are persons who pay taxes to Independence Township, live in the City of the Village of Clarkston or Springfield Township.**

All new members will receive a one-time welcome package that includes a \$5 coupon that can be used towards a class or program and bi-monthly newsletters. Your membership also entitles you to discounts on all our programs and classes. All our programs and trips reflect member and non-member fees.

### SENIOR SERVICES

#### Transportation

Independence Township provides mini-bus service for persons over 55 and persons 18 and over who have physical and/or mental disabilities and are residents of Clarkston, Independence Township or Springfield Township. Service is Monday–Friday from 8:30am–4pm. Vehicles with wheel chair lifts are available. Local destinations must be within Clarkston, Independence Township or Springfield Township, plus three nearby hospitals. Cost share is \$3 each way and local hospital trips are \$5 each way. Special shopping trips are offered on a sign up basis. Call (248) 625-8231 at least two days in advance. **Medical forms must be completed by new riders before they ride.**

#### Nutrition

**“Homemade lunches” are served at the Center on Thursdays at 12pm for \$7 per person.** To check the menu, you can look it up in our Senior Connection Newsletter or on the Independence Township Website. To reserve a meal, call the office at 248-625-8231 by 5pm on the Monday before the lunch.

#### Meals on Wheels are delivered five days per week for homebound residents of Clarkston and Independence Township.

Hot meals are available five days a week to older adults 60 and over and to people with short or long-term disabilities living in Independence Township and Clarkston. Frozen meals for the weekend are delivered on Friday. To sign up contact the Older Persons Commission (OPC) at 248-608-0264 or the Center at 248-625-8231 for more information. The OPC Senior Center in Rochester provides this service to Independence Township and Clarkston through a grant with the Area Agency on Aging 1B.

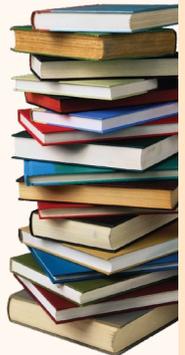
### INFORMATION AND ASSISTANCE

#### Our Senior Services Coordinator, Patricia Collins, helps seniors and their caregivers locate area services and resources.

She can be contacted at (248) 625-8231 ext. 17 for assistance with housing information, legal referrals, Medicare/Medicaid Counseling, prescription and long term care decisions and transportation options.

#### Homebound Book Program

Sponsored by the Clarkston Independence District Library and the Senior Community Center. We offer FREE HOME DELIVERY of books and audio books to homebound adults. For more info on the Home Delivery Service call Lawrence Marble at the Library (248) 625-2464 or Theresa Gordon at the Center at (248) 625-8231.



#### Medical Equipment Loan Closet

Includes wheelchairs, walkers, crutches, canes, shower seats and commodes. A cash deposit is required for wheelchairs, seated walkers and shower chairs.

#### Minor Home Repair Program

This program is designed to help low income households to complete repairs of no more than \$5,000 to a single unit residence. Contact Theresa at the Center at (248) 625-8231 for additional information.



#### Additional Services:

- Attorney Consultations
- Bereavement Support Group
- Blood Pressure Checks
- Hearing Consultations
- Low Vision Support Group
- TEFAP Food Program
- Visiting Podiatrist

## ACTIVITIES AND PROGRAMS

All activities, and programs will take place in the Senior Community Center, unless otherwise specified. Call the Center to register to attend.

### AARP Driver Safety Class

This two-day AARP Driver Safety Program covers defensive driving strategies and current rules of the road in today's challenging driving environment. Consult your insurance agent regarding possible eligibility for an insurance discount. Advance registration required. Make checks payable to AARP. Cash or check only.

Tuesday, July 24 and Wednesday, July 25

TIME	COST
1-5pm	\$15 for AARP members \$20 for non-AARP members

### Advanced Care Planning

Make your wishes known! Dr. Chase and Tracey Wilkerson of Clarkston Internal Medicine will facilitate a discussion about the healthcare decision making process. Take the opportunity to ask questions of medical professionals to help guide the creation of an individualized advanced directive.

Thursday, July 19

TIME	COST
1:30pm	NO CHARGE

### American Heart Association Family and Friends CPR

This two-hour class teaches students how to perform CPR on adults, children and infants and how to help an adult, child or infant who is choking. It is designed primarily for those persons who want to learn CPR and do not need a certification for employment. This course is designed for parents, grandparents and members of the community who want to learn how to effectively help their friends and family in an emergency. Option to purchase the class book for \$15, fee is due to the instructor at class.

Saturday, August 18

TIME	MEM	NON-MEM
6:30-8:30pm	\$25	\$30

### Ask the Attorney

Mondays, May 21 & June 25

Attorney Dana Wilson provides private consultations at the center once a month. If you need assistance with legal problems or if you have legal questions, call the center for a 15-20-minute appointment. Donations to the Senior Community Center are appreciated.

### Bunco

Join us for an upbeat afternoon with friends playing this easy dice game. All are welcome! Prizes awarded after each session. Guaranteed fun! Game includes admission, prizes and light snacks.

Second Wednesdays, Drop-in

TIME	MEM	NON-MEM
1pm	\$4	\$5

Carriage House

### Chair Massage

Fifteen-minute appointments. Help relieve common aches, pains, and stresses. Focus is on the upper body. Each recipient is seated and fully clothed. Call Center for an appointment. Walk-ins welcome. Cash only please.

Tuesdays, May 8 & May 15, June 5 & June 19, July 10 & July 17, August 7 & August 21

TIME	MEM	NON-MEM
10am-12pm	\$10	\$11

### Club Bookworm

Love to read? Come share your opinions and insights with our informal group. New book selections are available for pick up at the monthly discussion meetings or any time after in the office.

Last Thursday of each month, Drop-in

TIME	MEM	NON-MEM
10am	\$1	\$2

### Country Music

Stop by the Carriage House and enjoy country music by Ken Combs and friends. For more information call Ken at 248-660-3555.

Last Wednesday of the month

TIME	COST
2pm	NO CHARGE

Carriage House

### Dinner and Euchre Evenings

Enjoy dinner with friends followed by Euchre. Come with a partner, by yourself or with a group of friends. Prizes awarded to first, second and third place winners. Sign up for each Dinner and Euchre program starts the day after each event. Do not meet July and August.

Third Wednesdays

TIME	MEM	NON-MEM
6pm	\$12	\$14

### Intermediate Bridge Lessons

Bring your bridge into the 21st Century. In these six weeks you will learn the correct way to bid and play; convenient minors, preempts, overalls, doubles, weak two's and no trump.

Mondays, May 7-June 18 (no class May 28)

Tuesdays, May 8-June 19

TIME	MEM	NON-MEM
10-11:30am	\$35	\$40

### Joint Pain - Treatment Options

Troubled by joint pain? Considering hip or knee replacement? Join us for lunch with Dr. Kassab, chief of surgery at St. Joseph Mercy Oakland, and learn about surgery and other options to relieve pain. Advanced registration required.

Wednesday, June 27

TIME	MEM	NON-MEM
12pm	\$1	\$2

### My Legal and Financial Solutions

Informative presentation concentrating in the areas of estates, estate planning, wills, trusts and real estate. Please call the office to place your name on the list.

Second Thursdays

TIME	COST
9:30am	NO CHARGE

### Recipe Roundup-Calling all Foodies

Are you adventurous and creative in the kitchen? Prepare your recipe at home and bring enough to share with everyone in the group. Each month features a new and different theme. Bring your recipes in written form to share.

First Fridays

TIME	COST
12pm	NO CHARGE

### Sew What's!

Join us! Bring your own sewing machine and sewing items. You may choose to either work on a specific project of your own or a group project which will be donated to the Senior Community Center or a community resource in need.

First and Third Thursdays

TIME	COST
11:30am	NO CHARGE

## Women's Health Week

Join us this week for presentations focusing on women's health! Call the Senior Community Center for more information and to register.

### Gentle Yoga

Relax and restore! Come explore the many benefits yoga practice offers. Light refreshments served.

Monday, May 14

TIME	COST
9am	NO CHARGE

### Skin Care

Dr. Dawson, a local dermatologist, will focus on ways to keep skin healthy and looking good as we age.

Tuesday, May 15

TIME	COST
1:30pm	NO CHARGE

### Physical Therapy Intervention for Women's Health Issues

Back pain? Bladder control issues? Pelvic pain? Bring your questions and learn how certain stretches may help you!

Thursday, May 17

TIME	COST
1:30pm	NO CHARGE

## Program Policy Information

**Classes:** Refunds must be requested before the start of the third class meeting. Refunds are prorated if requested after the first class or if other expenses (i.e. shirts, materials) are involved. A \$10 service fee will be withheld from this refund. **Transfers:** Transfers between like classes of the same price and venue (example an exercise class to a similar exercise class) are possible, based on availability, at the discretion of the Senior Community Center Programmer. If the class fee the patron is transferring to is more than the original class, the patron will be responsible for the difference. **No refunds will be issued for special events.** All refunds will be refunded in the form of a township check, credit card reimbursement or account credit. No cash refunds will be given. Check refunds will be issued according to the Township Finance Department's bill-paying schedule, which may take 4-6 weeks. If the refund is less than \$10, a credit will be posted to your account. Account Credits will remain on the customer's account five years from the date of the credit posting. **Drop in fees will only be honored when the minimum number of participants has been met.**

## CREATIVE AND ENRICHMENT OPPORTUNITIES

### Anyone Can Paint!

Join award winning television artist Steve Wood and learn his step-by-step methods and techniques for achieving successful paintings. Class is designed for any level of painting experience. All materials included.

**Mondays, May 21, June 18, July 16, August 20**

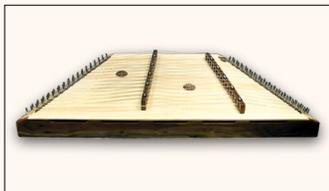
TIME	MEM	NON-MEM
9-11am	\$23	\$25

### Beginner Mountain Dulcimer Lessons

Learn to play the dulcimer in eight easy lessons. No previous musical experience necessary. Loaner instruments are available on a 1st come basis (There is a \$20 refundable deposit given to the teacher on the first day). A minimum of 6 students to run the class and a max of 12 students. Register with the Clarkston Senior Center.

**Wednesdays, September 12-October 31**

TIME	MEM	NON-MEM
9:30-10:30am	\$85	\$90



### Coffee and Conversation

Join neighbors for a cup of coffee and some casual conversation on topics of community interest. Moderated by Tom Stone.

**Thursday, July 19 & October 18**

TIME	MEM	NON-MEM
10:30am-12pm	\$1	\$2

### Genealogical Research

What a great opportunity to get started finding your family ancestry or to overcome a research roadblock. Dr. Thomas K. Stone has been doing genealogical research for 30 years. Make an appointment for one or more hours of individual one-on-one family searching. Call the Center to make an appointment.

**Monday, June 25**

TIME	MEM	NON-MEM
9:30am-12:30pm	\$10	\$11

### Mindfulness

Use mindfulness techniques and enjoy feeling happier, less anxious and more spontaneous as you gain a mindful perspective on life. Mindfulness helps lower blood pressure, reduce heart rate and teaches us to pay attention to the present moment using our breath and other points of awareness. Come see what it's all about!

**Wednesday, May 16, June 20 & August 15**

TIME	MEM	NON-MEM
1pm	\$11	\$12

Carriage House

### Olympic Odyssey

Only a handful of the finest athletes in the world have participated in the Olympics, and even fewer have won its highest honor—the Olympic Gold Medal. Olympic Odyssey is Emory Clark's first-hand account of the journey from his first grueling workouts on the Schuylkill River in Philadelphia to the winners dock by the Toda Rowing Course at the 1964 Olympics in Tokyo.

**Tuesday, June 19**

TIME	MEM	NON-MEM
1:30pm	\$2	\$3

### Woodcarving

Instructor Bob Dixon will teach you the fundamentals of woodcarving with knives or chisels, feathering techniques, texturing and painting your project. A variable material fee (depending on project) is due to the instructor on the first day of class. All skill levels welcome.

**Fridays  
July 13-August 10 (Project: Artic Tern)**

TIME	MEM	NON-MEM
9am-12pm	\$50	\$55



## Immersion Speaker Series

### Architecture of Detroit and Beyond

This is an exciting time to be in Detroit. The city is beginning to grow again. This 3-week series looks at buildings from Detroit's rise in the late 19th century, through the glory days of the booming automobile industry, on to the most recent new constructions and renovations. The last talk in the series takes us beyond Detroit to deal with one of Detroit's most interesting architects, a man who changed the face of cities and towns from Detroit to Novosibirsk. Coffee and dessert will be served!

**May 9:** Detroit Architecture: Old and New

**May 16:** Detroit Architecture: Sacred Spaces

**May 23:** Detroit's Architect: Albert Kahn—Temples, Factories and More

Wednesdays at 1pm	
MEM	NON-MEM
\$10	\$12
\$25 for the series of 3	\$31 for the series of 3



This program is supported by the Michigan Council for Arts and Cultural Affairs Mini-grant program administered by the Anton Art Center.

## Artist Bio

Facilitator Wendy Evans is an art historian and has earned advanced degrees from Oxford University and Wayne State University, taught art history at WSU and CCS, and is a long-time volunteer at the DIA.



## Weekly Activities

Member and non-member drop in fees vary by program. For more information call 248-625-8231.

### MONDAY

**Drop in and Duplicate Bridge**  
Mondays at 12pm  
Community Center

**Euchre**  
Mondays at 1pm  
Carriage House

### TUESDAY

**Double Deck Pinochle**  
Tuesdays at 1pm  
Community Center

### WEDNESDAY

**Country Band**  
Last Wednesday of each month at 2pm,  
Carriage House

**Knitting Group**  
Wednesdays at 10am  
Community Center

**Mahjong**  
Wednesdays at 12:30pm  
Community Center

### THURSDAY

**Hand and Foot Game**  
Thursdays at 9am  
Carriage House

**Bingo**  
Thursdays at 1pm  
Carriage House

### FRIDAY

**Quilting Club**  
Fridays at 9am, Carriage House

**Recycled Greeting Cards**  
Fridays at 9am  
Community Center

**Knitting Group**  
Fridays at 12pm, Bartsch Hall

**Marathon Bridge**  
Second and Fourth Fridays  
at 12pm, Carriage House

**Double Deck Pinochle**  
Fridays at 1pm  
Community Center

## SPORTS

### Biking Club

Join our group for relaxing rides around the Clarkston area beautiful bike paths. All skill levels welcome. Riding time is approximately 2 hours round trip. If you are interested, please call the office at (248) 625-8231.

Tuesdays, Ongoing beginning in May	
TIME	COST
9am	NO CHARGE
Senior Community Center Parking Lot	

### Bowling

Informal league includes 3 relaxing games per week. No experience necessary. Bowlers are not obligated to bowl each week or pay for weeks missed. Pre-registration not needed. Weekly fee includes end of the season bowling banquet.

Mondays, Ongoing September–May	
TIME	COST
1pm	\$6.50 per week
Cherry Hill Lanes, 6697 Dixie Highway	

### 50+ Golf

A one-time registration fee paid to the Senior Community Center entitles you to flexible non-league 9-hole play on Friday mornings at a great price! Upon arrival, pay \$20 at the Pro Shop—cart included. Please call the Senior Center for registration, prices valid May–August. No play June 8.

Fridays		
TIME	MEM	NON-MEM
10am tee off	\$5	\$10
Pine Knob Golf Course, 5580 Waldon Rd		

### 50+ Golf Lessons

This course is for anyone 50+ who wants to learn how to play golf or improve on their skills. Learn the fundamentals and bio mechanics of the golf swing, long game to short game, putting, rules and etiquette, stretching for golf, along with developing course management skills. Coach Davies teaches a low-pressure fun class that will give you the confidence and knowledge to go out and play. Brent Davies is an International PGA and USGTF Golf Teaching Professional, Professional Golf Coach, and currently plays on the MOTT Tour winning the 2015 CGTF Canadian Cup. **You will need to purchase a bucket of balls at the pro shop prior to each lesson.**

Thursdays, August 23, 30, September 6, 13		
TIME	MEM	NON-MEM
11am–12pm	\$60	\$65
Pine Knob Golf Club Driving Range		

### Pickleball

#### Outdoor Pickleball (Ongoing)

Monday through Saturday		
TIME	MEM	NON-MEM
9–11:30am	5 Punch Card \$10	5 Punch Card \$15
	10 Punch Card \$18 <i>(Receive one day free)</i>	10 Punch Card \$27 <i>(Receive one day free)</i>
	20 Punch Card \$34 <i>(Receive three days free)</i>	20 Punch Card \$51 <i>(Receive three days free)</i>
Clintonwood Park Outdoor Courts 6000 Clarkston Road		
Drop-in fee for new players: \$2 Member \$3 Non-Member (Cash)		

#### Experienced Indoor Pickleball

Tuesday evenings		
TIME	MEM	NON-MEM
6–9pm	5 Punch Card \$15	5 Punch Card \$20
	10 Punch Card \$27 <i>(Receive one day free)</i>	10 Punch Card \$36 <i>(Receive one day free)</i>
	20 Punch Card \$51 <i>(Receive three days free)</i>	20 Punch Card \$68 <i>(Receive three days free)</i>
First Congregational Church of Clarkston 5449 Clarkston Rd.		
Drop-in fee for new players: \$3 Member \$4 Non-Member (Cash)		
Punch Cards purchased for Outdoor Pickleball cannot be used for Indoor Pickleball.		
Punch Cards can be purchased at the Senior Community Center payable by cash, check or credit card or by calling 248-625-8231 payable by credit card.		

## EXERCISE AND FITNESS CLASSES

### Heartbeat

Move to your own true rhythm in this Cardio Fitness class. Drumsticks, fitness balls and hands are all you need to bring fun back to fitness. Release stress and aggression while you sing and sweat. Anyone can do this class, there is no wrong or right way to drum! All equipment is included. Please bring water. Next Session: Classes will resume in the fall.

Mondays May 14–June 25 (no class May 28)		
TIME	MEM	NON-MEM
5:30–6:30pm	\$30	\$35
	\$7 drop in	\$8 drop in
Carriage House		

### “Breakfast Club” Body Management

This gentle exercise program is designed to improve and maintain flexibility, mobility, and range of motion, circulation, strength and balance. Feel the benefits! Classes meet Mondays, Wednesdays and Fridays.

Session 1: May 2–25		
TIME	MEM	NON-MEM
10:45–11:35am	\$44*	\$49*
Session 2: June 1–27		
TIME	MEM	NON-MEM
10:45–11:35am	\$48*	\$53*
Session 3: July 2–July 27 (no class July 4)		
TIME	MEM	NON-MEM
10:45–11:35am	\$44*	\$49*
McLaren Physical Therapy and Fitness Center, Suite 310, 5701 Bow Pointe Drive *Drop in Fee: \$6 mem \$7 non		

### Pole Walking

This amazing fitness activity using Exerstrider Poles turbo charges your normal walking regimen by burning 40% more calories than regular walking. It improves walking posture and helps to reduce stress to shins, knees, hips and back while radically improving balance and stability. Guided walks throughout Clintonwood Park and area walking paths. Training and walking poles be provided.

Monday, Wednesday and Friday June 4–August 17		
TIME	MEM	NON-MEM
8:30–9:30am	\$2	\$3

### People with Parkinson’s Pole Walking

This introductory session provides the opportunity to learn and ask questions from a trained specialist. A certified Parkinson’s Wellness Recovery physical therapist will explain how pole walking helps prevent the symptoms of PD from limiting their recreational activities. Includes initial evaluation and pole walking exercises. Poles available to use free of charge.

Saturday, June 9		
TIME	MEM	NON-MEM
10am	\$10	\$12

### Line Dancing

Dance to country, salsa, cha-cha and rock with Rosemary Hall to exercise your body and mind. You are not obligated to participate on consecutive weeks. All skill levels welcome.

Mondays, Ongoing		
TIME	MEM	NON-MEM
10am–12:30pm	\$3	\$4
Bartsch Hall		

### Senior Fit

Senior Fit is a FREE exercise program sponsored by St. Joseph Mercy Oakland geared for persons age 55 and over. The program features gentle standing and chair exercises that build strength and flexibility, as well as improve balance and cardiovascular fitness. Open enrollment takes place July 16–27 on a first come first serve basis. For additional information and to register you must call 248-858-3952. A doctor’s permission form is required and will be mailed to those who call to register during Open Enrollment.

Monday, Wednesday & Friday September–April	
TIME	COST
8:15–9:15am	FREE*
Bartsch Hall *Open enrollment begins July 16, you must pre-register	

### Tai Chi – Beginning

New to Tai Chi? This class is designed to for beginners. Improve movement and balance after the first few classes!

Wednesdays		
TIME	MEM	NON-MEM
11am–12pm	\$60	\$65
	\$8 drop in	\$9 drop in
Carriage House		

### Tai Chi – Intermediate

These classes can make a big difference in your mobility and health. For more information, go to [www.wustyle.com](http://www.wustyle.com).

Mondays		
TIME	MEM	NON-MEM
11am–12pm	\$60	\$65
	\$8 drop in	\$9 drop in
St Daniel Church, 7010 Valley Park Drive		

### Adaptive Yoga

This class adapts Yoga to all types of bodies and abilities. Optional use of light hand weights, stability balls, and strap or tie. Bring weights, strap and yoga mat to class. Next session of classes will resume in September.

Tuesdays, May 15 – June 19		
TIME	MEM	NON-MEM
9–10am	\$35	\$40
	\$7 drop in	\$8 drop in
Carriage House		

## LOCAL FITNESS PARTNERSHIPS

**Fitness Quest at Healthquest – Clarkston** is offering monthly gym memberships to Independence Township Senior Community Center members for only \$40 per month. Couples who are members only pay \$70 per month. All registration fees will be waived. Call (248) 625-6022 to sign up!

**Great Lakes Athletic Club** is now offering Aquatic Classes and Active Life Exercise Classes to our Senior Community Center members age 55 and over on Tuesdays and Thursdays from 11 am to 1 pm. Cost is \$20 p.p. for three months (these fees are collected each quarter and are prorated if you join after the beginning of each quarter.) In addition, you pay \$5 drop in for the classes you wish to attend.

**McLaren Fitness Center – Clarkston** is now offering monthly gym memberships to Independence Township Senior Community Center members for only \$20 per month. Couples who are members only pay \$30 per month. All registrations fees will be waived. Call 248-922-6820 to sign up!

## TRAVEL

Stop by or call the Senior Community Center for detailed flyers for all Day Trips and Extended Travel Trips (including single and triple occupancy pricing).

Choose to travel with the Independence Township Senior Center because...

- We provide a variety of travel options for exploring close to home and beyond!
- The opportunity to form new friendships!
- Experience worry free, safe, escorted travel.

## DAY TRIPS

### Soaring Eagle Fun and Lee Greenwood Concert

Lee Greenwood's biggest hit "God Bless the USA" has been voted the most recognizable patriotic song in America. Other hits include "Ring On Her Finger," "Time on Her Hands," and "Holdin' a Good Hand." This daytrip includes tickets to the concert, \$20 in gaming and \$5 food credit. Motorcoach transportation.

Monday, May 14		
TIME	MEM	NON-MEM
Departs 9:30am Returns 8pm	\$43	\$48

### All Night Strut

Meadowbrook Theatre

The All Night Strut moves through the Depression, WWII and the post-war boom in a two-act musical celebration of the 1930s and 1940s, filled with jazz, blues and American songbook standards. The story moves through time and place to highlight a slick slice of yesteryear and capture a beloved American era. Includes lunch at Kruse and Muir, theatre ticket and mini-bus transportation.

Wednesday, May 16		
TIME	MEM	NON-MEM
Departs 11 am Returns 5pm	\$69	\$74

### "Lights, Camera, Murder"

Genitti's Hole in the Wall

A landmark since 1971, enjoy a seven-course family style meal (soup, pasta, salad, Italian sausage with peppers, Italian steak and potatoes, baked chicken and cannoli for dessert) served like an old-fashioned wedding while helping to solve a murder set in 1950s Hollywood. A star is dead and it is up to you to solve the mystery. This trip also includes a visit to the Genitti's Gift Shop, guided tour of Northville and motorcoach transportation.

Thursday, May 17		
TIME	MEM	NON-MEM
Departs 9am Returns 4:30pm	\$87	\$92

### Birthday Candles

Detroit Public Theatre

After a lunch stop (on your own), we head to the Detroit Public Theatre for a performance of Birthday Candles. This performance takes the audience on a magical 100-year journey with Ernestine Ashworth as she travels from her 17th birthday to her 117th. This is a world premiere by internationally acclaimed playwright Noah Haidle. Includes mini-bus transportation.

Wednesday, May 30		
TIME	MEM	NON-MEM
Departs 11:15am Returns 5pm	\$38	\$42



### Savannah Sipping Society

Cornwell's Turkeyville

This famous dinner theatre features actors from all over the United States and offers a variety of performances. In this delightful, laugh-a-minute comedy, four unique Southern women, all needing to escape the sameness of their day-to-day routines, are drawn together by fate, an impromptu happy hour and decide its high time to reclaim the enthusiasm for life there've lost through the years. Includes lunch, performance and motorcoach transportation.

Wednesday, May 30		
TIME	MEM	NON-MEM
Departs 9:30am Returns 6pm	\$87	\$92

### Firekeepers Casino & Brewery Tour

Join us for some summer fun! Trip includes a four hour visit to Firekeepers Casino where you will receive \$20 in gaming and \$5 in food followed by a stop at the Dark Horse Brewery Company in Marshall. You will receive a VIP Brewery Tour, beer samples, logo pint glass, and free time. Motorcoach transportation.

Wednesday, June 6		
TIME	MEM	NON-MEM
Departs 8:15am Returns 6:30pm	\$67	\$72

### Great Lakes Culinary Center

The Great Lakes Culinary Center is a state-of-the-art test kitchen and events venue. The event space has an open kitchen concept that allows the food to be displayed as an art and not meant to just be consumed. From presentation to taste, guests get a full dining experience you would find in a five-star restaurant. After the tour, enjoy lunch consisting of salad, quiche, chicken, potatoes, veggies, cookies, iced tea, coffee or soft drinks. Bus transportation.

Tuesday, June 12, 2018		
TIME	MEM	NON-MEM
Departs 10am Returns 2:30pm	\$53	\$58

### Hollywood Hits

Detroit Symphony Orchestra

Golden Globe nominated composer, conductor and pianist Brian Byrne brings a treasure chest of Hollywood film music to the stage, including hits from John Williams, the James Bond films, the Pink Panther, House of Cards and others, along with clips from several films. Includes coffee and donuts, concert ticket and mini-bus transportation. Lunch on your own after the concert.

Friday, June 15, 2018		
TIME	MEM	NON-MEM
Departs 8:45am Returns 3:30pm	\$44	\$49

### A Day at the Capital

Lansing, Michigan

Tour the State of Michigan Historical Museum featuring Michigan history from prehistoric times through the late 20th century. Explore all 26 permanent galleries. Includes lunch at Spartan Hall of Fame, a tour of Lansing and MSU Campus and the Capital Building. *Note: There is a considerable amount of walking on this trip. Motorcoach transportation.*

Tuesday, June 26, 2018		
TIME	MEM	NON-MEM
Departs Xam Returns Xpm	\$77	\$82

### Soaring Eagle/Eagles Landing Casino Combo

If you are looking for a great casino adventure, this is your trip! Spend 4 hours at Soaring Eagle which you will receive \$20 in gaming and \$5 in food. Take a rest on the motorcoach as it moves to Eagles Landing where you will spend 3 hours and receive \$10 in gaming and \$5 in food. Sign up today!

Tuesday, July 17		
TIME	MEM	NON-MEM
Departs 8am Returns 8pm	\$55	\$60

### Day Trip Policy Information:

- Once tickets are purchased for a day trip, if you are unable to attend, a refund can only be processed for you if we can replace you with someone from our waiting list.
- A waiting list is started whenever a day trip or a special event becomes full. If you are unable to attend a day trip or special event after you sign up, contact the Center so that the next person on the waiting list will have a chance to attend.
- Medical forms and waivers must be completed by all participants prior to departing for a day trip or participating in a program. If you have a specific food allergy, please provide us with that information upon registration.
- In the event you will be taking a walker or wheelchair on a trip, please let us know upon registration.
- Plan to be at the Center a minimum of 15 minutes prior to departure time for day trips.
- Parking for trips is available in the dirt parking lot on the East side of the Carriage House.
- For any trip that crosses the border to Canada, proper ID is required. You must have an enhanced driver's license or a passport and no prior arrests-otherwise you will be asked to exit the motorcoach.
- Independence Township Parks Recreation & Seniors reserves the right to request that any person needing assistance when participating in our programs is accompanied by a personal escort. A paid reservation must be made for the escort.

## Jimmy John's Field Special Event

Spend a lazy summer afternoon watching a minor league baseball (Birmingham-Bloomfield Beavers vs. Westside Woolly Mammoths) game while experiencing the Jimmy John's field experience. Price includes game ticket, lunch (hot dog, chips and a drink) motorcoach transportation and an afternoon of fun!

Thursday, July 19

TIME	MEM	NON-MEM
Departs 10am Returns 3:30pm	\$37	\$42

## Pioneer Wine Trail

This year's trip includes a great lunch at Sandhill Crane Vineyards and wine tasting. After lunch the next stop is Cherry Creek Cellars located in an 1870 historic schoolhouse where four generations have been making wine for over 100 years. You will have the opportunity to taste five different wines and take home a souvenir glass. The last stop is Flyer Otter Winery where you will taste wine and enjoy a snack before departing for home. Motorcoach transportation.

Wednesday, July 25

TIME	MEM	NON-MEM
Departs 9am Returns 6pm	\$79	\$84

## Heavenly Scent Herb Farm

Let's take a trip to Fenton. Our first stop will be at The Laundry (on your own) followed by a guided tour of Heavenly Scent Herb Farm including iced tea and a snack. Mini-bus transportation.

Tuesday, July 31

TIME	MEM	NON-MEM
Departs 11am Returns 4pm	\$21	\$26

## Wicked

### Detroit Opera House

Wicked tells the story of Elphaba, the future Wicked Witch of the West and Glinda, the Good Witch of the North. Their friendship struggles through their opposing personalities and viewpoints, rivalry over the same love interest, their reactions to the Wizard's corrupt government, and ultimately, Elphaba's public fall from grace. Includes theatre ticket and motorcoach transportation.

Thursday, August 9

TIME	MEM	NON-MEM
Departs 11:30am Returns 5pm	\$97	\$102

## Oakland County Parks

### Summer Excursion

Enjoy sunshine and fresh air while leisurely cruising Crooked Lake on a pontoon boat, playing lawn games, going a paddleboat rides and walking the beautiful trails. Includes an informative and entertaining presentation at Wint Nature Center, lunch and Cook's ice cream. Motorcoach transportation. Sign up today!

Thursday, August 16

TIME	MEM	NON-MEM
Departs TBD Returns TBD	\$24	\$29

## Willow Run

### Purple Rose Theatre

During WW II the Willow Run Bomber Plant located near Ypsilanti, Michigan was the largest factory under one roof in the world. Some 40,000 employees, mostly women, turned out B-24 Bombers at the rate of one every 55 minutes. Willow Run follows the journey of four of those women who migrated from all over America to find new lives at the plant. Original music by Ben and Jeff Daniels. Includes lunch at Common Grill and motorcoach transportation.

Wednesday, August 22

TIME	MEM	NON-MEM
Departs 11am Returns 6:30pm	\$99	\$104

## Detroit Tiger Game

Detroit Tigers vs. Houston Astros. Keeping our tradition of offering a late summer afternoon game. Price includes game ticket, hot dog, soft drink and motorcoach transportation.

Wednesday, September 12

TIME	MEM	NON-MEM
Departs 10:30am Returns 5:30pm	\$65	\$70

## Stratford Festival

This one-day trip includes the performance of the musical-comedy classic, "The Music Man" at the Festival Theatre, a buffet lunch at the Queen's Inn, shopping time in downtown Stratford and roundtrip transportation via deluxe highway motorcoach. *Note: You will need a passport, passport card or enhanced license since this trip is traveling to Canada.*

Thursday, October 4

TIME	MEM	NON-MEM
Departs 6:15am Returns 9:15pm	\$159	\$164

## The Parade Company

Enjoy a behind the scenes glimpse at Detroit's crown jewel—Ford Field. Get a peek at a suite, the NFL locker room, walk down the tunnel to the field and stand on the turf for a player's view of the stadium. Lunch is included at one of Detroit's icon restaurants, Sinbad's, overlooking the Detroit River. After lunch, discover the Parade Company Studio. Step into a storyland of color and fun as we get ready for one of Detroit's most anticipated holiday events. Motorcoach transportation.

Thursday, November 8

TIME	MEM	NON-MEM
Departs 9:30am Returns 4:45pm	\$84	\$89

## ON THE HORIZON

### Meadowbrook Theatre

Arsenic and Old Lace

Wednesday, October 24

A Christmas Carol

Wednesday, December 5

## EXTENDED TRIPS

The following contain brief descriptions of each trip. Please stop by the Senior Community Center and pick up a detailed flyer. **PLEASE NOTE: ALL PRICES ARE PER PERSON.**



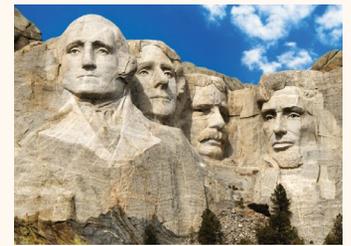
### Nova Scotia "A Taste of the Maritimes" Halifax, Peggy's Cove, Cape Breton Island, Cabot Trail, Prince Edward Island

Includes roundtrip air, airport transfers, 1st class touring motorcoach, 1 night in Toronto, 3 nights in Halifax, Nova Scotia, 2 nights in Cape Breton Island, 2 nights in Prince Edward Island, famous People Players Dinner Theatre, sightseeing in Toronto, tour of Halifax, scenic Marine Drive Highway, visit to Peggy's Cove, ferry to Prince Edward Island and much more! Also includes 8 breakfasts, 2 lunches and 5 dinners including lobster dinner. *Note: A Passport, Passport Card or Enhanced Driver's License are all acceptable documents for crossing the border to Canada.*

July 17–25, 2018

GROUP	SINGLE	DOUBLE
Member	\$4,199	\$3,299

Non Members — Additional \$25 per person  
Deposit: \$300 per person  
Balance Due: May 17  
Optional Cancellation Insurance is available at \$150 per person, payable with deposit.



## South Dakota's National Parks

Black Hills, Badlands, Mt. Rushmore, Crazy Horse Memorial, Custer State Park, Deadwood

Includes Modern Motorcoach transportation, 8 nights lodging including 4 nights at the Deadwood Gulch Gaming Resort (winner of the Great Service Award,) 8 breakfasts, 1 lunch 4 dinners, Mitchell's Corn Palace, Wall Drug Store, Badlands National Park Sightseeing Tour, Spearfish Canyon, Mt. Rushmore National Monument, Crazy Horse Memorial, Jeep Tour of Custer State Park, Deadwood and much more.

August 17–26, 2018

GROUP	SINGLE	DOUBLE
Member	\$2,649	\$1,849

Non Members — Additional \$25 per person  
Deposit: \$100 per person  
Balance Due: July 15  
Optional Cancellation Insurance is available at \$95 per person, payable with deposit.



## Pure Michigan!

### Petoskey — Charlevoix — Harbor Springs

Here is your perfect summer getaway! Trip includes Motorcoach transportation, 2 nights hotel accommodations at Stafford's Perry Hotel in Petoskey, 5 meals, all sightseeing, admission fees and baggage handling.

Sunday brunch at the Willow Tree in West Branch, Little Traverse History Museum, dinner at Stafford's Bay View Inn overlooking Little Traverse Bay, Architectural Tour of the Gnome Homes designed by Earl A. Young, Castle Farms — Guided Walking and Tram Tour, Friske Orchards and Farm Market, Young Americans Dinner Theatre, Petoskey and Harbor Springs area guided tour and the Cross in the Woods Shrine.

August 19–21, 2018

GROUP	SINGLE	DOUBLE
Member	\$708	\$560

Non Members — Additional \$25 per person  
Deposit: \$100 per person  
Balance Due: July 1



## Mackinac Bridge Walk

Join us for this annual tradition. Price includes overnight accommodations at the Kewadin Casino in Sault Ste. Marie, visit to the Kewadin Shores Casino in St. Ignace, gaming casino incentives at both Casinos, breakfast, shopping time in Mackinac City motorcoach transportation, and, of course, the opportunity to walk the mighty Mackinac Bridge. Sign up today!

September 2–3, 2018

GROUP	SINGLE	DOUBLE
Member	\$205	\$175

Non Members – Additional \$10 per person  
Deposit: \$50 per person  
Balance Due: August 1, 2018



## Shades of Ireland

Highlighting Dublin, Irish Evening, Kilkenny, Waterford, Choices on Tour, Blarney Castle, Killarney, Ring of Kerry, Farm Visit, Jaunting Car Ride, Limerick, Cliffs of Moher, Galway, Castle Stay. Includes round trip air, 13 meals, and transportation to and from airport.

September 3–12, 2018

GROUP	SINGLE	DOUBLE
Member	\$3,999	\$3,499

Deposit: \$250 per person  
Balance Due: June 4, 2018  
Optional Cancellation Insurance is available at \$360 per person, payable with deposit.



## Hudson River Valley

The Hudson River Valley extends 150 miles above the tip of Manhattan and is home to some of the most visited sites in America. The Valley offers spectacular mountain views, historic estates, wine trails, world class shopping, outdoor adventure and charming villages. Trip includes modern motorcoach transportation, 1 Night at the Mohegan Sun Pocono Casino, 1 Night En Route Home, 4 Nights – Hudson River Valley, 6 Breakfasts – 1 Lunch – 4 Dinners, 4 Day “Valley” Step on Guide, Wing’s Castle, Millbrook Vineyards, Walkway over the Hudson, Crown Maple Estate, Culinary Institute of America, Eleanor Roosevelt Historic Site, Hudson River Boat Cruise and many more included tours! Includes luggage handling and taxes and tips on included meals.

September 16–22, 2018

GROUP	SINGLE	DOUBLE
Member	\$2,349	\$1,699

Non Members – Additional \$25 per person  
Deposit: \$100 per person  
Balance Due: July 20, 2018  
Optional Cancellation Insurance is available at \$100 per person, payable with deposit.

## Shenandoah Valley, Virginia Fall Color Tour

Trip includes 4 Nights’ accommodations, 4 Breakfasts, 1 Lunch, 3 Dinners, Trans Allegheny Lunatic Asylum, Natural Bridge of Virginia, Drams of Creation, D-Day Memorial Tour, Shenandoah Caverns, and many more attractions and tours. Includes motorcoach transportation, luggage handling and tax and tip on included meals.

October 14–18, 2018

GROUP	SINGLE	DOUBLE
Member	\$1,499	\$1,129

Non Members – Additional \$25 per person  
Deposit: \$200 per person  
Balance Due: August 15, 2018  
Optional Cancellation Insurance is available at \$75 per person, payable with deposit.



## New York City

### Holiday Entertainment Extravaganza

Christmas in Times Square is amazing! Tour includes 3 Nights at the first class Novotel Times Square (located at the center of the action of Broadway, Theatre District and Times Square,) 1 Night in “Christmas City” Bethlehem, PA, 3 Breakfasts, 4 Dinners, Rockettes at Radio City Music Hall, One World Trade Center, 9/11 Museum and Memorial, Dyker Heights Holiday Home Extravaganza, St. Patrick’s Cathedral, All Day Sightseeing Tour of New York City and modern motorcoach transportation.

November 25–30, 2018

GROUP	SINGLE	DOUBLE
Member	\$2,679	\$1,849

Non Members – Additional \$25 per person  
Deposit: \$400 per person  
Balance Due: September 25, 2018  
Optional Cancellation Insurance is available at \$90 per person, payable with deposit.

## Sunny Portugal

Includes round trip air, 14 meals, Portuguese Riviera, Choice on Tour, Lisbon, Fado Dinner Show, Sintra Obidos, Fatima, Evora, Monsaraz, Alentejo Countryside Stay, Sagres, Lagos, Algarve, Faro, Cork Factory, Azeitao, 2 winery Tours, 5 UNESCO World Heritage Sites. Includes transportation to and from the airport.

**Optional 5 Days – 4 Night Madeira Island Post Tour Extension \$1,249.00 per person, double, land and air inclusive.**

March 1–10, 2019

GROUP	SINGLE	DOUBLE
Member	\$3,199*	\$2,899*

\*If registered before August 27, 2018  
Non Members – Additional \$25 per person  
Deposit: \$500 per person  
Balance Due: December 31, 2018  
Optional Cancellation Insurance is available at \$315 per person, payable with deposit.

## Senior Center Advisory Committee

Independence Township Senior Adult Community Center Advisory meets on the second Wednesday every other Month starting at 9am. This group is approved by the Township Board to represent the Center and to offer input and support into operations and programs. Meetings dates are on the second Wednesday every other month on May 9, July 11, September 12 and November 28, 2018. Call Barbara Rollin at 248-625-8231 for more information.

### Senior Advisory Officers:

Joe Figa – President  
Sue Shubert – Vice President  
Carolyn Morrison – Secretary

### Members At Large:

Pat Edwards, Sharon Hubbard, Connie Hutchison, Lee Kuczanski, Pam Marin, Donna Miller and Sandra Ritter (we have openings on the board if anyone is interested).

### Staff:

Barbara Rollin – Senior Division Supervisor  
Derek Smith – Parks, Recreation & Seniors Director  
Patrick Kittle – Township Supervisor  
Barbara Pallotta – Township Clerk

## Friends of the Independence Township Senior Adult Activity Center (FITSAAC)

Friends was approved in 2010 by the IRS as a 501© (3) non profit, tax exempt organization. The Friends are managed by a Board of Directors, which is comprised of members listed below. Their main goal is to raise funds to help support programs and services of the Senior Center.

## Friends of the Independence Township Senior Adult Activity Center

Meets the second Wednesday every month at 10am after the Senior Advisory or at 9am on the off months. Call Barbara Rollin at the Center for more information.

### Friends Officers:

Carolyn Morrison – President  
Pam Marin – Vice President/Treasurer  
Pat Edwards – Secretary

### Members At Large:

Joe Figa, Sharon Hubbard, Connie Hutchison, Don Kayko, Lee Kuczanski, Donna Miller, Mary Lou Schell and Sue Shubert

*The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.*

**Please Do Not Let this Happen!**

Cancellation of Day and Extended Trips can be avoided. Deadlines are very important for planning purposes, for the Community Center staff, travel companies and Instructors. Please avoid disappointments by registering early! Thank you!

**Detailed flyers for all of the Extended Travel trips are available at the Center.**

