



**October  
2017**

**INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER**

**6000 Clarkston Road, Clarkston, MI 48348 Phone 248-625-8231**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<p>1.</p> 	<p>2.</p> <p>8:15 Senior Fit BH 10:00 Line Dance -BH 12:00 Dup. Bridge -SC#2 1:00 Euchre -CH 5:30 Heartbeat CH</p>	<p>3.</p> <p>9:00 Bike Club 9:00 Adaptive Yoga CH 10:00 Chair Massage CR 1:00 D.D. Pinochle -SC#2</p>	<p>4.</p> <p>8:15 Senior Fit BH 9:00 Chair Yoga CH 10:00 Knitting Group -SC#2 11:00 Tai Chi -CH 12:30 Mahjong -SC#1&amp;2 1:30 Medicare 101 BH 4:30 Wire Weaving SC 1</p>	<p>5.</p> <p>9:00 Hand &amp; Foot CH 11:30 Sew Whats SC1 12:00 Lunch Pot Luck BH 1:00 Bingo -CH 1:30 Cell Phone 101 SC2</p>	<p>6.</p> <p>8:15 Senior Fit 8:45 DSO trip 9:30 Wine Trail trip 9:00 Quilting Club -CH 9:00 Woodcarving -SC#1 9:00 Recycled Cards -SC#2 11:30 Knitting -BH 12:00 Recipe Roundup -BH 1:00 D.D. Pinochle SC#2</p>	<p>7.</p>
<p>8.</p>	<p>9.</p> <p>8:15 Senior Fit BH 10:00 Line Dance -BH 12:00 Dup. Bridge -SC#2 1:00 Euchre -CH 5:30 Heartbeat CH</p>	<p>10.</p> <p>9:00 Bike Club 9:00 Adaptive Yoga CH 1:00 D.D. Pinochle -SC#2 2:00 Caregivers Support CH 7:00 Wints Grief Grp CH</p>	<p>11.</p> <p>8:15 Senior Fit BH 9:00 Friends Meeting SC1 9:00 Chair Yoga CH 10:00 Knitting Group -SC#2 11:00 Tai Chi -CH 12:30 Mahjong -SC#1&amp;2 1:00 Bunco CH 1:00 Travel Show BH 4:30 Wire Weaving SC 1</p>	<p>12.</p> <p>9:00 Hand &amp; Foot CH 9:30 Financial Solutions -CR 12:00 Lunch-Pot Pie BH 12:30 Blood Pressure Screen 1:00 Bingo CH 1:30 Balance &amp; Fall Prevent BH 1:30 A purposeful retirement SC</p>	<p>13.</p> <p>8:15 Senior Fit BH 9:00 Quilting Club -CH 9:00 Woodcarving -SC#1 9:00 Recycled Cards -SC#2 11:30 Knitting -BH 12:00 Marathon Bridge -CH 1:00 D.D. Pinochle SC#2</p>	<p>14.</p>
<p>15.</p>	<p>16.</p> <p>8:15 Senior Fit BH 9:00 Anyone Can Paint CH 10:00 Line Dance -BH 12:00 Dup. Bridge -SC#2 1:00 Euchre -CH 1:00 Ask the attorney CR 5:30 Heartbeat CH</p>	<p>17.</p> <p>9:00 Adaptive Yoga CH 9:00 Bike Club 10:00 Chair Massage CR 1:00 D.D. Pinochle -SC#2</p>	<p>18.</p> <p>8:15 Senior Fit BH 9:00 Chair Yoga CH 9:30 Genealogical Research CR 10:00 Knitting Group -SC#2 11:00 Tai Chi -CH 12:30 Mahjong -SC#1&amp;2</p>	<p>19.</p> <p>9:00 Hand &amp; Foot CH 10: Club Bookworm SC1 11:30 Sew Whats SC1 12:00 Lunch-Beef Stew-BH 1:00 Bingo CH 1:30 Movie Megan Leavey—at Library</p>	<p>20.</p> <p>8:15 Senior Fit BH 9:00 Quilting Club -CH 9:00 Woodcarving -SC#1 9:00 Recycled Cards -SC#2 11:30 Knitting -BH 1:00 D.D. Pinochle SC#2</p>	<p>21.</p>
<p>22.</p>	<p>23.</p> <p>8:15 Senior Fit BH 10:00 Line Dance -BH 12:00 Dup. Bridge -SC#2 1:00 Euchre—CH 5:30 Heartbeat BH</p>	<p>24.</p> <p>9:00 Adaptive Yoga CH 9:00 Bike Club 1:00 Pinochle -SC#2</p>	<p>25.</p> <p>8:15 Senior Fit BH 9:00 Podiatrist CR 10:00 Knitting Group SC#2 11:00 Tai Chi CH 12:30 Mahjong -SC#1&amp;2 2:00 Country Music CH 6:00 Mindfulness CH</p>	<p>26.</p> <p>9:00 Hand &amp; Foot CH 11:30: Halloween Lunch – Lasagna-BH 12:30 Hearing Aid Assistance 1:00 Bingo -CH</p>	<p>27.</p> <p>8:15 Senior Fit BH 9:00 Woodcarving drop in-SC#1 9:00 Quilting Club -CH 9:00 Recycled Cards -SC#2 11:30 Knitting -BH 12:00 Marathon Bridge -CH 1:00 D.D. Pinochle SC#2</p>	<p>28.</p>
<p>29.</p>	<p>30.</p> <p>8:15 Senior Fit BH 10:00 Line Dance -BH 12:00 Dup. Bridge -SC#2 1:00 Euchre—CH</p>	<p>31.</p> <p>9:00 Adaptive Yoga CH 9:00 Bike Club 1:00 D.D. Pinochle -SC#2</p>		<p><b>CODE:</b> SC- SENIOR CENTER ROOM #1-CLOSE TO DECK ROOM #2-FRONT OF BUILDING CH-CARRIAGE HOUSE</p>	<p><b>CODE:</b> BH &gt; BARTCH HALL ROOM #1 &gt; CLOSEST TO KITCHEN ROOM #2 &gt; FURTHEST FROM KITCHEN CR &gt; CONFERENCE ROOM</p>	