

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BUILDING CLOSED FOR HOLIDAY	2 Chinese Beef Pepper Steak Oriental Blend Brown Rice Oriental Salad Whole Wheat Roll Diced Pears	3 Sweet & Sour Chicken Brown Rice Iceberg Lettuce Oriental Blend Herb Bread Diced Pears & Pineapple	4 <i>Birthday Lunch</i> Crispy Cod Oven Browned Potatoes Succotash Pint Mountain Bread Hot Peaches Delight	5 Mexican Beef & Bean Casserole Roasted Brussel Sprouts Cabbage Salad Italian Bread Pear Halves
8 Stuffed Cabbage Mashed Potatoes Pears, Sugar Snap Whole Wheat Bread Four-Fruit Salad	9 Beef Pastie w/Gravy Carrots Pickled Beets Red Grapes	10 Baked Chicken Cutlet w/Gravy Whipped Potatoes European Blend Whole Wheat Bread Banana	11 Beef Stroganoff Iceberg Wedge Buttered Noodles Peas Herb Bread Fresh Pear	12 Baked Chicken w/ Mushroom Gravy Brown Rice California Blend Potato Bread Apricots
15 Macaroni & Cheese Whole Beets Spinach Romaine Salad Potato Bread Sliced Pineapple	16 Turkey Breast w/Gravy Sweet Potatoes w/Pineapple Spinach Steamed Honey & Egg Bread Ambrosia	17 Beef Stew w/Veg & Potato Green Beans Crunchy Broccoli Orange Slaw 50/50 Roll Fruit Cocktail	18 Baked Chicken Rosemary Roasted Potatoes California Blend Whole Wheat Bread Orange	19 Pineapple Ham Low Sodium Scalloped Potatoes Crunchy Cauliflower Salad Dinner Roll Mixed Melon
22 Chicken w/Cavatappi Pasta Peas Garden Salad Italian Bread Citrus Fruit	23 Salisbury Steak Whipped Potatoes Capri Blend Whole Wheat Bread Banana	24 Chicken A La King Mashed Potatoes Spinach Romaine Salad Pint Mountain Bread Peach Slices	25 Lemon Pepper Cod Red Skin Potatoes Peas and Carrots Whole Wheat Bread Citrus Fruit	26 Glazed Chicken Sliced Potatoes Cabbage Pineapple Slaw Dinner Roll Fresh Fruit Salad
29 Italian Lasagna Broccoli Cuts Romaine Garden Salad w/ Garbanzo Beans Italian Bread Fruit Salad	30 Tuscan Chicken Brown Rice Mexican Corn Italian Bread Pear Slices	31 Turkey Almond Casserole w/Rice Asparagus Romaine Garden Salad w/ Garbanzo Beans Whole Wheat Bread Peach Halves		