


JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Italian Ravioli Garden Salad Mixed Vegetable Fresh Pear	3 Chicken Tenderloin Mashed Potatoes w/Gravy European Blend Vegetables Orange Sections	4  Building Closed	5 Anniversary Lunch BBQ Chicken Broccoli Pasta Salad Mannated Carrot Salad Four-Fruit Salad	6 Turkey Burger Cucumber Salad Sante Fe Salad Red Grapes
9 Mac & Cheese Romaine Garden Salad Whole Beets Corn Muffin Citrus Fruit	10 Chicken Casserole Cabbage Slaw Chow Mein Noodles Peas Peach Halves	11 Baked Talapia Baked Potato Prince Charles Blend Vegetable Salad Apricots	12 Meatloaf w/Gravy Red Skin Potatoes Garden Salad Succatosh Escalloped Apples	13 Pizza Three Bean Salad Creamy Cole Slaw Red Apple Cookie
16 Stuffed Cabbage Mashed Potatoes Carrots Fruit Salad	17 Baked Chicken Rice Asparagus Garden Salad Fresh Pear	18 Turkey a la king Herbed Green Beans Vegetable Salad Peach Slices	19 Baked Pollock Almondine Red Skin Potatoes Crunchy Pea Salad Mandarin Orange Salad	20 Baked Ham Yams Salad Carrots Banana
23 Beef Stroganoff Cauliflower and Broccoli Salad Savory Spinach / Noodles Fruit Medley	24 Vegetable Lasagna Italian Green Beans Romaine Garden Salad Apple	25 Pepper Steak Brown Rice Key West Vegetable Cabbage Slaw Plums	26 Creamy Chicken w/Vegetables Salad Peas Orange	27 Tuna Noodle Casserole Carribean Vegetable Garden Salad Apricots
30 Beef Pastie Carrots Creamy Cole Slaw Grapes	31 Baked Cod Sliced Potatoes Capri Blend Salad	Menu subject to change at OPC's discretion due to availability!		