



# SENIOR CONNECTION

A bi-monthly newsletter from The Independence Township Senior Community Center

## ST. PATRICK'S DAY LUNCHEON

Thursday, March 14, 2019 12:00 p.m.-1:30 p.m.,  
\$7.00 per person

Get your green on and join us for Corn Beef, Cabbage and entertainment. Call the Center to reserve your space (sorry no coupons accepted). **Check-in begins at 11:30 a.m.**



MARCH • APRIL 2019

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## VOLUNTEER APPRECIATION LUNCH

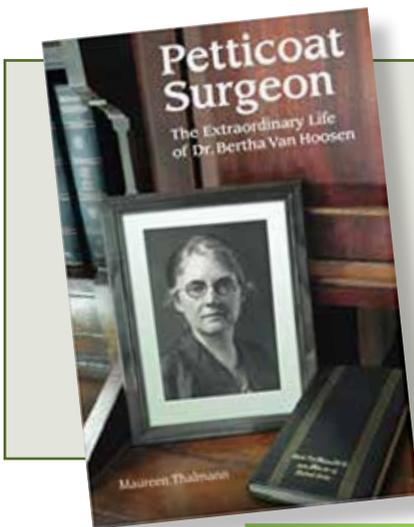
Friday, April 26, 2019  
 Senior Community Center,  
 Bartsch Hall  
 Check-in starts at 11:30 a.m., 12:00-1:30 p.m. lunch, program & entertainment.

No cost for volunteers who have logged in 20 hours in 2018. (Due to space we will only be able to accommodate Volunteers only). *Invitations will be sent out the last week in March.*



## 2019 UPCOMING CENTER CLOSING DATES

- GOOD FRIDAY**  
Friday, April 19
- MEMORIAL DAY**  
Monday, May 27
- INDEPENDENCE DAY**  
Thursday, July 4



## Women's History Month - Author Presentation PETTICOAT SURGEON

Thursday, March 21, 2019  
 1:30 p.m.  
 Senior Community Center,  
 Bartsch Hall  
 \$5.00 Member \$7.00 Non-Member  
 (see pg. 5 for details)

## PURPOSE STATEMENT

The purpose of the Senior Community Center is to provide participants ages 50 and over with programs, services, travel and enrichment opportunities supporting a healthy and independent lifestyle.

## INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER

Located in Clintonwood Park  
 6000 Clarkston Road, Clarkston, MI 48348  
 Phone: 248 625-8231 Fax: 248 922-3189  
 Hours: Monday - Friday 8 a.m. – 5 p.m. (Closed holidays)  
 www.indetwp.com Go to Visitors then to Senior Center

# HERE'S THE SCOOP...

## SENIOR COMMUNITY CENTER INFORMATION

### NOTES FROM THE SENIOR DIVISION SUPERVISOR...

As we look forward to Spring, we are excited about our Annual Volunteer Appreciation Party at our Center on Friday, April 26, 2019. All volunteers who put in at least 20 hours or more in 2018 will be invited to attend. \*Please note that since space is limited to 100 we will not be able to include guests again this year and "make sure you sign up early"! If you know anyone who is looking for volunteer opportunities send them our way. We are looking for additional help with set up for programs and help answering the phones. Morning and afternoon opportunities are available. We appreciate all our volunteers and everything they do for the Center and our community.

Our long-awaited new buses have arrived. Special thanks to SMART and Madonna Van Fossen our SMART Ombudsperson for making this possible. Stop by the Center to see our two new buses and all the programs that we offer. We have over 1000 members now! We appreciate everyone in the community who supports us to help us to continue to grow.

Barbara Rollin

### STAFF

<b>Parks, Rec &amp; Seniors Director</b>	Derek Smith
<b>Senior Center Supervisor</b>	Barbara Rollin
<b>Clerk</b>	Theresa Gordon
<b>Part Time Clerk</b>	Teresa Brown
<b>Front Office Assistant</b>	Nancy Shuman
<b>Cleaning/Set-ups</b>	Carol Vickery
<b>Kitchen Prep/Cleaning</b>	Ann El Chaer
<b>Nutrition Supervisor</b>	Janel Sadowski
<b>Site Hostess</b>	Barbara Szematowicz
<b>Programmer &amp; Volunteer Coordinator</b>	Jennifer Angus
<b>Program Assistant</b>	Gerry Townsend and Luz Ramos
<b>Rentals</b>	John Smith
<b>Senior Services</b>	Patty Collins
<b>Travel Coordinator</b>	Mary Melega
<b>Travel Assistant</b>	Mary Jo Reid
<b>Van Drivers:</b>	<i>Full Time</i> -Gerald Ellis. <i>Part Time</i> -Gordy Cloutier, Dale Coughlin, Lou Donagrandi, Ed Eaglan, George Haywood, Victor O'Bezil and Susie Smith.

### TOWNSHIP BOARD



<b>Supervisor</b>	Patrick Kittle
<b>Clerk</b>	Barb Pallotta
<b>Treasurer</b>	Paul A. Brown
<b>Trustee</b>	Jose Aliaga
<b>Trustee</b>	Rachel J. Loughrin
<b>Trustee</b>	Ron Ritchie
<b>Trustee</b>	Jim Tedder

### SENIOR CENTER ADVISORY

**Independence Township Senior Adult Activity Center Advisory Committee. Meets bi-monthly on the second Wednesday starting at 9:00 a.m. The meeting for 2019 are Wednesday, March 13, May 8, July 10, September 11 and November 13, 2019.**

This advisory group is approved by the Township Board to represent the Center and to offer input and support into the center's operations and programs. *You are welcome to attend our any of our meetings to see what we are all about!*

#### 2019 Senior Advisory Officers:

Sue Shubert-*President*  
Sandra Ritter-*Vice President*  
Carolyn Morrison-*Secretary*

**Advisory Members:** Gloria Boddy, Joe Figa, Robert Haar, Sharon Hubbard, Connie Hutchison, Lee Kuczanski, Susan Lozano, Pam Marin and Donna Miller (*we have openings on the board if anyone is interested*).

#### Staff:

Derek Smith-*Parks, Recreation & Seniors Director*  
Barbara Rollin-*Senior Division Supervisor*  
Patrick Kittle-*Township Supervisor*  
Barbara Pallotta-*Clerk*

### SENIOR CENTER MEMBERSHIP

**Your membership is valid from the date you sign up until a year from that date. Couples should sign up at the same time. Our membership fees are:**

- \$15.00 a person for residents.
- \$25.00 a couple for residents.
- \$20.00 a person for non-residents
- \$35.00 a couple for non-residents.

*Residents are persons who live in the Independence Township Community. All new members will receive a bi-monthly newsletter with their membership along with a one-time welcome package that includes a \$5.00 coupon that can be used towards a class or program. Your membership also entitles you to discounts on all our programs and classes. By participating in a couple of programs your membership will pay for itself. All our programs and trips and drop ins reflect member and non-member fees.*

## SENIOR COMMUNITY CENTER REFUND POLICY

**A \$10.00 service fee will be withheld from all patron refund requests unless the class or program is cancelled by the Senior Community Center.**

**No refunds will be issued for special events.  
Sorry, no exceptions.**

All refunds will be refunded in the form of a township check, credit card reimbursement or account credit. No cash refunds will be given. Check refunds will be issued according to the Township Finance Department's bill-paying schedule, which may take 4-6 weeks. If the refund is less than \$10, a credit will be posted to your account. Account Credits will remain on the customer's account five years from the date of the credit posting.

**Classes:** Refunds must be requested before the start of the third-class meeting. Refunds are prorated if requested after the first class or if other expenses (i.e. shirts, materials) are involved. A \$10.00 service fee will be withheld from this refund.

**Facility Rentals:** If the cancellation/transfer request by the applicant occurs more than fourteen days (14) prior to the event: All transfers are subject to a \$20 administrative fee, pending the new date is available. All transfers must be done in person, unless payment is made by VISA or MC. In the case of a refund, the rental fee minus \$20 will be refunded along with the deposit. See above for details. If the cancellation request occurs less than fourteen days (14) prior to the event the entire rental fee is forfeited, and the deposit will be returned in full, regardless of the reason for the cancellation, including inclement weather. Regular policies regarding return of security deposit still apply. Transfer requests occurring less than 14 days prior to the event are subject to staffing availability. If Clintonwood Park is closed due to power outages or Township closing, consideration for rentals booked on that date will be made.

**Transfers:** Transfers between like classes of the same price and venue (example an exercise class to a similar exercise class) are possible, based on availability, at the discretion of the Senior Community Center Programmer. If the class fee the patron is transferring to is more than the original class, the patron will be responsible for the difference.

**Trips:** Day trip and extended travel refunds will be based on individual travel company policy. A \$10 administrative fee will be deducted from refund proceeds. Exceptions may be made by Senior Community Center Programmer or Center Supervisor based on extenuating circumstances. If tickets have been purchased prior to the refund request for either a day/extended travel trip, a refund will not be given unless the space can be filled and paid for by someone from the *Waiting List* or the person requesting the refund.

## LOOKING FOR LUNCH?

### THURSDAY SITE LUNCHES AT 12 NOON!

We serve made-from-scratch lunch prepared on-site by our senior center staff every Thursday and cost for a full meal is **\$7.00** per person unless otherwise specified. For reservations call the Center **no later than 5 p.m. Monday** preceding the scheduled date. If you do not call and reserve your meal we cannot guarantee that one will be available. **\*Due to liability we are no longer able to accommodate dietary requests. If you have special dietary restrictions and are not able to eat what is on the scheduled menu you are welcome to bring a meal with you and join us for lunch at no charge.**

### THURSDAY LUNCHEON DATES AND MENU

*(all entrees include starch, vegetable and fruit or dessert and beverages of coffee, tea and water)*

<b>March 7</b>	Chicken Enchilada and rice
<b>March 14</b>	St. Patrick's Day Lunch - Corn beef and cabbage
<b>March 21</b>	Tuna Casserole, veggie and roll
<b>March 28</b>	Sloppy Joe, coleslaw and fries
<b>April 4</b>	Beef stroganoff, salad and roll
<b>April 11</b>	Salmon patties, rice and veggie
<b>April 18</b>	Ham, cheesy potatoes, glazed carrots and roll
<b>April 25</b>	Stuffed shells, salad and garlic bread



### BIRTHDAY CELEBRATION!

**Join us for Birthday Cake on the 3<sup>rd</sup> Thursday of each month.**

### HIDE & SEEK WINNER

The winner of last issue's Hide & Seek contest was Dolores Smart who won a specially selected gift bag. You could win too! See page 4 for contest information.

**There is a ❄️ symbol hidden on a page in this issue. If you find it, circle it and bring your Newsletter into the Senior Center by February 4, 2019 to place your name in a drawing for a special gift.**

## UPCOMING ACTIVITIES, EVENTS & PRESENTATIONS

### MARDI GRAS!!

#### Fat Tuesday Fundraiser

**Tuesday, March 5, 2019 8 a.m. – 12 noon**  
**Senior Community Center**  
**\$3.00**

Stop by the Senior Center for a festive way to begin your Paczki Day. We will be serving a full coffee bar and fresh Paczki's from Avon Donuts in Pontiac – named one of Time Magazines 2018, "10 Best Doughnut Shops in America". On the run - we will have everything you need to take it to go!

### AARP SMART DRIVER TEK

**Thursday, March 7, 2019 at 9:30 a.m.**  
**Senior Community Center – Bartsch Hall**

Technology is changing the driving experience. This workshop offers an interactive way to stay up to date with the latest safety technology in your current or future car. Learn about blind-spot detection systems, front-collision warning systems and more! Register at [www.aarp.org/findaworkshop10](http://www.aarp.org/findaworkshop10) or call 1-877-805-4115.

### ABSOLUTELY ORGANIZED

**Friday, March 15, 2019 at 10:30 a.m.**  
**Senior Community Center**  
**\$6.00 Member (\$8.00 Non-Member)**

Organize, downsize and de-clutter... gain basic knowledge of how to get started, what steps to take, how to dispose of the unwanted stuff and how to maintain the new cleared spaces. Learn about the best storage solutions and if they are right for you and your home. Ask a professional organizer questions and find out when it makes sense to hire outside help.

### A MATTER OF BALANCE – Managing Concerns About Falls

**Wednesdays, March 20-May 8, 2019**  
**1:30-3:30 p.m.**  
**Senior Community Center – Bartsch Hall**

Many older adults experience concerns about falling and restrict their activities. A Matter of Balance is an award-winning program designed to manage falls and increase activity levels. This eight-session course is sponsored by the Area Agency on Aging and led by two trained instructors. Pre-registration is required. For more information or to register, call 833-262-2200 or [wellnessprograms@aaa1b.com](mailto:wellnessprograms@aaa1b.com).

### ONLINE SAFETY

**Thursday, April at 1:30 p.m.**  
**Senior Community Center – Bartsch Hall**

Learn how to protect your devices, money and personal information while online. Information about how to avoid common and emerging online scams. Call to register to attend!

### PICASSO'S GRAPEVINE LUNCH AND FUN!

**(NEW LOCATION)**

**Tuesday, April 30, 2019**  
**\$40.00 per person (\$45.00 Non-Members)**  
**Departs: 11:00 a.m. – Returns: 3:00 p.m.**

See Daytrips for details.



### COFFEE AND CONVERSATION

**Thursday, April 18, 2019**  
**10:30 a.m. – 12 Noon**  
**Senior Community Center**  
**Drop In: Member \$1.00 Non-Member \$2.00**

Join with neighbors for a cup of coffee and some casual conversation on topics of community interest. Moderated by Tom Stone.

### TRADITIONAL JAZZ

**Last Wednesday of the Month**  
**2:00 p.m.**  
**Carriage House**

Stop by the Carriage House and enjoy country music by Ken Combs and friends. For more information call Ken at 248-660-3555.

### ADVANCED CARE PLANNING Make Your Wishes Known

**Thursday, May 16 at 1:30pm**  
**Senior Community Center – Bartsch Hall**

Dr. Nathan Chase and Tracey Wilkerson, NP of Clarkston Internal Medicine will facilitate a discussion about the healthcare decision making process. Take the opportunity to ask questions of medical professionals to help guide the creation of an individualized advanced directive. Call the senior center to register to attend.

## CREATIVE & ENRICHMENT

### INTRO TO BASIC WOODCARVING

Tuesdays, 9 a.m. to 12 noon  
Community Center  
March 5 – May 7  
\$100.00 Member. \$105.00 Non-Member

Basic introduction to woodcarving, including various tools, knives, gouges and sharpening. Cutting out blanks, direction of carving with & against the wood grain, and sanding techniques. This class will also cover basic painting and methods for sealing wood before applying color.



Class materials: The Complete Book of Woodcarving by Evertt Ellenwood and 1 ½ inch Murphy Chip Carving Knife (available for purchase at time of registration for an additional \$35.00. Instructor Bob Dixon has over 20 years teaching at various carving clubs and specializes in bird carvings.

### WOODCARVING (Advanced)

Fridays, 9:00 a.m. to 12 Noon  
Senior Community Center  
Project – Green Heron  
March 8 – May 17, 2019  
\$100.00 Member \$105.00 Non-Member

Instructor Bob Dixon will provide the opportunity to develop your woodcarving skills. Learn progressively challenging techniques with knives or chisels, feathering, texturing and painting your project. A variable material fee (depending on project) is due to the instructor on the first day of class. Previous carving experience necessary.

### ANYONE CAN PAINT!

9:00 – 11:00 a.m.  
Carriage House  
SI: Monday, March 18  
SII: Monday, April 15  
\$23.00 Member \$25.00 Non-Members

Have you ever asked yourself “I would love to learn how to paint, but how do I get started?” Join award winning television artist Steve Wood and learn his step-by-step methods and techniques for achieving successful paintings. His class is designed for beginning and intermediate levels of painting experience. All materials are included. **(Note: It is very important to sign up for Anyone Can Paint by Friday morning before the class meets on Monday. If the class minimum is not met at that time, class will be cancelled)**

### GENEALOGICAL RESEARCH

March 18<sup>th</sup> appointment available  
Member \$10.00 Non-Member \$11.00 per one-hour appointment  
Senior Community Center

What a great opportunity to get started finding your family ancestry or to overcome a research roadblock. Dr. Thomas K. Stone has been doing genealogical research for 30 years. Make an appointment for one or more hours of individual one-on-one family searching. Call the Center for specific dates and to schedule an appointment.

### MINDFULNESS

Wednesday, March 20, April 17, May 15  
1:00 p.m., Carriage House  
Per Session - Member \$11.00 \$12.00 Non-Member

Use mindfulness and meditation techniques to relax and improve your overall emotional and physical wellbeing. Enjoy guidance from an experienced instructor and develop skills that enhance your sense of balance and positivity. Previous experience recommended or attended the Intro session.

### PETTICOAT SURGEON Women's History Month Author Presentation

Thursday, March 21, 2019 at 1:30 p.m.  
Senior Community Center – Bartsch Hall  
\$5.00 Member (\$7.00 Non-Member)

Join us for an informative afternoon presentation with Maureen Thalmann, a historian researcher, writer and public speaker. She has been published in Michigan History Magazine, the Journal of Michigan Historical Society and is the author of *Petticoat Surgeon: The Extraordinary Life of Dr. Bertha Van Hoosen*. Her presentation shares Dr. Van Hoosen's journey from a Michigan farm girl to world renown surgeon, teacher, writer and leader in the fight to win recognition and acceptance of women physicians.

### WRITING FOR FUN:

Blogs, Memoirs, Whatever Your Creative Heart Desires!

Second week of April – Day/Date TBD  
Senior Community Center – Bartsch Hall  
\$12.00 Member \$14.00 Non-Member

If you've always had the nagging idea that you've wanted to try your hand at writing, now is the time! Join Sally Scobey-Biggs, former TV news reporter and freelancer writer as she guides you through steps to make it fun and easier than you imagined:

- Vanquishing Writer's Block: how to get started even if your mind is a blank
- Fun exercises to get the creative juices flowing
- Proofreading and common grammar errors
- Spiral notebook PROVIDED. Just bring your pen!

# ONGOING ACTIVITIES & CLASSES

## CHAIR MASSAGE

Tuesdays, March 5 & 19 and  
April 2 & 16, 2019  
10:00 a.m. – 12:00 Noon  
Senior Community Center  
Member \$10.00  
Non-Member \$11.00.  
Cash Only Please

Helps to relieve common aches, pain and stresses. Focus on the upper body. Each recipient is seated and fully clothed. Please call the Center for an appointment.



## CLUB BOOKWORM

Thursdays, March 28 and April 25, 2019  
10:00 a.m., Senior Community Center  
Drop In: Member \$1.00 Non-Member \$2.00



Love to read? Come share your opinions and insights with our informal group. New book selections are available for pick up at the monthly discussion meeting or in the office anytime following the meeting. Mark your calendars to attend our upcoming meetings.

March: *The Woman in the Window* by A.J. Finn  
April: *Between the World and Me* by Ta Nehisi Coates

## KNITTING GROUP

Wednesdays at 10:00 a.m.  
and Fridays 11:30 a.m.  
Senior Community Center

Our knitters make newborn and chemo caps among other charitable knitted and/or crocheted items. The hospitals we donate to are very grateful for our donations. We are continuously looking for additional help to keep up with the demand. Meet for coffee, conversation and needlework or stop by and pick up some patterns for our community projects. Novices and experienced knitters welcome. *Contact-Sue Shubert.*



## QUILTING CLUB

Fridays, 9:00 a.m., Carriage House



Are you a quilter? Would you like to learn to quilt? We are more than happy to share our skills. Join the Crafty Quilters every Friday at 9 a.m. at the Senior Community Center Carriage House. In addition

to their own projects, the quilters make beautiful quilts to donate to non-profit groups. *For more information about the club contact-Pat Reeves at 248-618-7871.*

## RECIPE ROUNDUP- CALLING ALL FOODIES

First Fridays, March 1 & April 5, Bartsch Hall  
12:00 Noon, No Charge (bring a dish)

Are you adventurous and creative in the kitchen? Do you love to prepare and sample new recipes? Prepare your recipe at home and bring enough to share samples with everyone in the group. Each month features a new and different theme. Please bring your recipes in written form to share. **Please note: If you are not bringing a food item a \$2.00 donation will be collected.**

March: March Madness

April: April Showers

## RECYCLED GREETING CARDS

Second Friday of each Month  
9:00 a.m., Senior Community Center

Stop in and see our beautiful recycled cards – often prettier than the originals. The bargain cost is \$.50 per card. To donate old cards including Christmas cards, bring the entire card to the center. All proceeds will go into the “Friends of the Independence Township Senior Adult Activity Center” account.

## SEW WHATS?

First and Third Thursdays of each Month  
11:30 – 2:30 p.m., Senior Community Center

Join us! Bring your own sewing machine and sewing items. You may choose to either work on a specific project of your own or a group project which will be donated to the Senior Community Center or a community resource in need. If you have any questions, please feel free to contact the Center at (248) 625-8231

## MOVIES AT CLARKSTON INDEPENDENCE DISTRICT LIBRARY

6494 Clarkston Road, Clarkston. Cost is \$1.00 payable the day of the movie. Popcorn and Beverages are included.



## M O V I E S

### A Star is Born

(2018), 2 hours 16 minutes, Rated R  
Thursday, March 21, 2019 at 1:30 p.m.

Seasoned musician Jackson Maine (Bradley Cooper) discovers-and falls in love with struggling artist Ally (Gaga). She has just about given up on her dream to make it big as a singer - until Jack coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jack fights an ongoing battle with his own internal demons.

### Mary Queen of Scots

(2018), 2 hours 4 minutes, Rated R  
Thursday, April 18, 2019

Mary Queen of Scots explores the turbulent life of the charismatic Mary Stuart, Queen of France at 16 and widowed at 18, Mary defies pressure to remarry. Instead, she returns to her native Scotland to reclaim her rightful throne. But Scotland and England fall under the rule of the compelling Elizabeth I. Each young Queen beholds her "sister" in fear and fascination. Rivals in power and in love, and female regents in a masculine world, the two must decide how to play the game of marriage versus independence. Determined to rule as much more than a figurehead, Mary asserts her claim to the English throne, threatening Elizabeth's sovereignty. Betrayal, rebellion, and conspiracies within each court imperil both thrones - and change the course of history.

## VOLUNTEERS



Brochure and applications are available at the Senior Community Center on the desk, to the right, inside the main entrance. Completed forms (both sides) can be returned to any staff member. Please note some positions require a background consent form. If you have any questions regarding volunteer opportunities, please contact Jennifer Angus Program & Volunteer Coordinator at the Senior Center (248) 625-8231.

- ♥ Class Hosts for presentations and programs. Space permitting – attend for free!
- ♥ Kitchen Volunteers – Dinner & Euchre program, third Wednesday of every month 4-7pm.
- ♥ Please remember to fill out the Daily Log-In Sheet when you report for a volunteer assignment. If working off-site you can call or email [jangus@indtwp.com](mailto:jangus@indtwp.com) to report your hours.

## LEGAL ASSISTANCE

### MY LEGAL AND FINANCIAL SOLUTIONS

Thursday, March 14 & April 11, 2019  
Senior Community Center  
9:30 a.m., No Charge

Informative presentation concentrating in the areas of trusts, wills, estates and real estate planning. Whether your needs involve tax planning to avoid estate taxes and preserve your legacy, special needs trusts or a real estate matters, this presentation will empower you with knowledge. If you are interested in attending, please call the office at (248) 625-8231 and place your name on the list.

### ASK THE ATTORNEY

Mondays, March 18 & April 15, 2019  
Senior Community Center

Attorney Dana Wilson provides private consultations at the center once a month. If you need assistance with legal problems or if you have legal questions, call the center for a 15-20-minute appointment. Donations to the Senior Community Center are appreciated.

## CARDS AND GAMES



### BINGO

Thursdays, Ongoing.  
1:00 p.m., Carriage House  
Drop In: Member \$1.00 Non-Member \$2.00

Come and join the crew for traditional bingo. There is an additional small charge for bingo cards.

### BRIDGE – DROP IN

Mondays & Tuesdays, Ongoing  
12:00 Noon, Senior Community Center  
Drop In: Member \$1.00 Party, \$3.00



Attention Bridge Players!  
You can come for Drop-In Duplicate Bridge every Monday and Tuesday. Costs are \$3.00/\$4.00 p.p. for Duplicate Bridge (additional fee includes materials.) For more information, please contact Marlene Green at (248) 572-7116.

### BRIDGE – MARATHON

Second and Fourth Fridays  
12:30 – 3:30 p.m., Carriage House

If you are interested, please call Linda Sheill at (248) 674-3987 or Linda Coppola at (248) 634-2029. Pre-pay registration at the office or by phone. No play 11/23 or 12/28. \*Prize money paid separately first day of class.

### EUCHRE – TOURNAMENT STYLE

Mondays, 1:00 – 4:00 p.m., Carriage House  
Drop In: Member \$1.00 Non-Member \$2.00

If you are looking for a good time with a dash of competition, join our friendly card group! Optional \$1.00 p.p. to be eligible for a 1<sup>st</sup> and 2<sup>nd</sup> place prize. If you are new or even a little bit rusty, please call the front office at (248) 625-8231 to leave your name so that lessons can be arranged.

### HAND AND FOOT CARD GAME

Thursdays, ongoing, 9:00 a.m. – 12 Noon  
Drop In: Member \$1.00 Non-Member \$2.00  
Carriage House

Everyone is welcome to come and play this easy game similar to Canasta.

### MAHJONG (American)

Ongoing Wednesdays, 12:30 – 4:30 p.m.  
Drop In: Member \$1.00 Non-Member \$2.00  
Senior Community Center

Join our growing Mahjong group! This challenging game which originated in China is similar to the Western card game rummy. It is a game of skill, strategy and calculation and involves a certain degree of chance. If you own a game, please bring it with you. Players should have some previous Mahjong experience.

### OPEN GAME DAY

Fourth Thursday of the month  
10:00 a.m., Senior Community Center  
Drop In: Member \$1.00 Non-Member \$2.00

If interested call the Senior Community Center at 248-625-8231 to be added to the sign-up list.

### PINOCHLE – DOUBLE DECK

Tuesday and Fridays, 1:00 p.m., Senior Community Center  
Drop In: Member \$1.00 Non-Member \$2.00

Join the group for one or two afternoons a week. If you are new to Pinochle or just need a quick refresher, please call the Senior Community Center office and place your name on the list for lessons before coming to play.

### DINNER AND EUCHRE EVENINGS

Third Wednesday of the month.  
Bartsch Hall, Member \$12.00 Non-Member \$14.00  
at the door

Looking for a fun evening out with friends? Admission fee includes everything. Enjoy a home cooked dinner followed by friendly tournament style euchre. Come with a partner, by yourself or with a group of friends. Prizes will be awarded to first, second and third place winners. Previous Euchre experience preferred.

**CLASS CANCELLED**

### CANCELLATION OF GREAT PROGRAMS CAN BE AVOIDED

Deadlines are very important for planning purposes for the Senior Community Center staff and Instructors. Please avoid disappointment by registering early. Thank You! All activities and classes are held in the Senior Community Center unless otherwise specified.

If you are looking for a welcoming, friendly place to participate in a fitness class, look no further. We offer a variety of classes taught by knowledgeable instructors who focus on your individual needs. Register for one of these classes today!

## EXERCISE AND FITNESS

### AQUATICS CLASSES NOW AVAILABLE

Please see information under Fitness Partnerships

### “BREAKFAST CLUB” BODY MANAGEMENT

Monday, Wednesday and Friday  
10:45 a.m. – 11:35 a.m.

SI: March 1 – March 27, 2019

\$48.00 Member \$52.00 Non-Member

SII: April 1 – April 26, 2019 \*no class April 19

\$44.00 Member \$48.00 for Non-Member

McLaren Physical Therapy and Fitness Center  
Suite 310, 5701 Bow Pointe Drive

Drop-In Fee: Member \$6.00 Non-Member \$7.00

This gentle exercise program is designed to recall those strengths and movements. Improve and maintain flexibility, mobility, and range of motion, circulation, strength and balance. Feel the benefits!

Next Session: May 1 – May 29, 2019 \*No class May 27.

### HEARTBEAT

Mondays, 5:30 – 6:30 p.m.

March 4 - April 15 (no class April 1)

Carriage House

\$30.00 Member \$35.00 Non-Member

Drop-In Fee: Member \$7.00 Non-Member \$8.00

Move to your own true rhythm in this Cardio Fitness class. Drumsticks, fitness balls and hands are all you need to bring fun back to fitness. Release stress and aggression while you sing and sweat. Anyone can do this class, there is no wrong or right way to drum! All equipment is included. Please bring water.

Next Session: April 22 – June 3 \*No class May 27

### LINE DANCING

Mondays, Ongoing in Bartsch Hall

10:00 a.m. – 12:30 p.m.

Drop-In: Member \$4.00 Non-Member \$5.00

All new in 19 – we are excited to welcome instructor Judy Baldak. Dance to country, waltz, cha-cha and rock & roll rhythms. Line dance has shown to improve both physical and cognitive function. Learn the moves - all skill levels welcome to this ongoing program.

### SENIOR FIT

Monday, Wednesday & Friday's, 8:15-9:15 a.m.

Now through April 29, 2019

\*No class April 19, April 22 or April 26

Free of Charge

Senior Community Center - Bartsch Hall

This class is sponsored by St. Joseph Mercy Oakland and geared toward senior adults age 55 and over. The program features gentle standing and chair exercises that build strength and flexibility, as well as improve balance and cardiovascular fitness. **You must preregister for classes, call 248-858-3952 to check for availability.**

### TAI CHI - BEGINNING

Wednesdays, 11:00 a.m. to 12 p.m. Carriage House

April 10 – June 19 (No class May 29)

\$60.00 Member \$65.00 Non-Member

Drop-In Fee: Member \$8.00 Non-Member \$9.00

Are you new to Tai Chi? This class is designed to start you from the very beginning. John Marchewitz studied in China and has been teaching the Wu Style T'ai Chi Ch'aun form for over 15 years. Improve movement and balance after the first few classes!

Next Session: July 10 – September 25 \*No class September 4

### TAI CHI – INTERMEDIATE

Mondays 11:00 a.m. to 12:00 p.m.

St Daniel Church, 7010 Valley Park Drive

April 8 – June 17 (No class May 27)

\*Class on April 22 will be held at  
the Carriage House

\$60.00 Member \$65.00 Non-Member

Drop-In Fee: Member \$8.00 Non-Member \$9.00

John Marchewitz will be teaching this class that includes easy chair exercises that will make a big difference in your mobility and health. For more information, go to [www.wustyle.com](http://www.wustyle.com).

Next Session: July 8 – September 23 \*No class September 2

### ADAPTIVE YOGA

Tuesdays, 9:00 – 10:00 a.m., Carriage House

February 19 – March 26, 2019

\$35.00 Member \$40.00 Non-Member

Drop-In Fee: Member \$7.00 Non-Member \$8.00

This class adapts Yoga to all types of bodies and abilities. Optional use of light hand weights, stability balls and straps. Please wear comfortable clothing and bring a yoga mat to class.

Next Session: April 2 – May 7

## CHAIR YOGA

Wednesdays, 9:00 – 10:00 a.m., Carriage House  
SI: February 20 – March 27  
SII: April 3 – May 8  
\$40.00 Member \$45.00 Non-Member  
Drop In Fee: Member \$7.00 Non-Member \$8.00\*

If you can breathe, you can do Yoga. This class is for those who are unable or are uncomfortable using a traditional yoga mat on the floor. It is done from a seated position on a chair. Offers wonderful health benefits including greater flexibility, better muscle tone, improved breathing, lowers blood pressure, improves balance, reduces stress and improves mental clarity. \*Drop-in's only if minimum class number of six is met.

**Next Session:** May 15 – June 19

## SPORTS

### BOWLING

Mondays, 1:00 p.m., Ends May 6  
Cherry Hill Lanes, 6697 Dixie Highway

Informal league includes 3 relaxing games for just \$6.50 per week. No experience necessary. Bowlers are not obligated to bowl each week or pay for weeks missed. Pre-registration not needed. Weekly fee includes end of the season bowling banquet.

### INDOOR PICKLEBALL

Monday, Tuesday, Wednesday, Thursday, Friday and Saturday

*\*no play the 2nd Saturday of each month*

9:00 – 11:30 a.m.,

\$3.00 Member \$4.00 Non-Member

(Cash first time only please)

Wednesday Evenings \*Experienced Players

(New day for evening indoor play)

6:00 – 9:00 p.m.,

\$3.00 Member \$4.00 Non-Member

(Cash first time only please)

First Congregational Church of Clarkston

5449 Clarkston Road

### PUNCH CARDS

#### Member Pricing

5 Punch Card - \$15.00

10 Punch Card - \$27.00

(Receive one day free)

20 Punch Card - \$51.00

(Receive three days free)

Punch Cards can be purchased at the Senior Community Center payable by cash, check or credit card or by calling 248-625-8231 payable by credit card.

**Please note:** *Punch Cards for Outdoor Pickleball cannot be used for Indoor Pickleball.*

#### Non-Member Pricing

5 Punch Card - \$20.00

10 Punch Card - \$36.00

(Receive one day free)

20 Punch Card - \$68.00

(Receive three days free)

### OUTDOOR PICKLEBALL

Weather permitting outdoor play will resume in Clintonwood Park at the end of April.

## 50+ GOLF LESSONS

Thursdays, May 9 – May 30

11:00 a.m. – 12 Noon

Pine Knob Golf Club Driving Range

\$60.00 Member \$65.00 Non-Member

Get ready for the golf season by joining us, this four-week course is for anyone 50+ who wants to learn how to play golf or improve on their skills. Learn the fundamentals and bio mechanics of the golf swing, power game to short game, putting, rules and etiquette, stretching for golf, along with developing course management skills. Coach Davies teaches a low-pressure fun class that will give you the confidence and knowledge to go out and play. Brent Davies is an International PGA and USGTF Golf Teaching Professional, Professional Golf Coach, and currently plays on the MOGTT Tour winning the 2015 CGTF Canadian Cup. You will need to purchase a bucket of balls at the pro shop prior to each lesson.

## LOCAL FITNESS PARTNERSHIPS

### GREAT LAKES ATHLETIC CLUB

3800 S. Baldwin Road, Lake Orion

Great Lakes Athletic Club is offering Aquatic Classes (11:15am) and Exercise Classes (12:00pm) to our Senior Community Center members age 55 and over on Tuesdays and Thursdays from 11:00 a.m. to 1:00 p.m. Membership cost is \$20.00 p.p. for three months (these fees are collected each quarter and are prorated if you join after the beginning of each quarter.) A \$5.00 drop in fee is due per class.

### MCLAREN FITNESS CENTER

Clarkston

Monday-Friday 7:00 a.m. – 6:30 p.m.

McLaren Fitness Center is now offering monthly gym memberships to Independence Township Senior Community Center members for only \$20.00 per month and \$30.00 per month for couples. No registration fees! Join month to month. Call (248) 922-6820 to sign up!

### FITNESS QUEST AT HEALTH QUEST

Downtown Clarkston

Monday – Friday 6:00 a.m. – 9:00 p.m.

Saturday – Sunday 8:00 a.m. – 1:00 p.m.

**Fitness Quest** located at 32 S. Main Street is offering monthly gym memberships to Independence Senior Community Center members for only \$40.00 per month and \$70.00 per month for couples. No registration fees (save \$59.00!) Join month to month. Call (248) 625-6022 to sign up!

## DAY TRIPS

### HEROES AND VILLIANS Detroit Symphony Orchestra

Friday, March 1, 2019

\$46.00 per person (\$51.00 Non-Members)

Departs: 8:45 a.m. – Returns: 3:30 p.m.



From Superman to Batman, Robin Hood to Zorro, or King Kong to Jaws, in film, every noble hero and evil villain has the same trusty sidekick, great music! Featuring hits from the golden age of cinema to

today's blockbusters, enjoy the breathtaking scores that have brought timeless characters to life. Includes coffee and donuts, concert ticket and mini bus transportation. Lunch on your own after the performance.



### THE SPITFIRE GRILL Meadowbrook Theatre

Wednesday, March 6, 2019

\$66.00 per person (\$71.00 Non-Members)

Departs: 11:30a.m. – Returns: 5:00 p.m.

A feisty parolee follows her dreams to a small town in Wisconsin and finds herself working at Hannah's Spitfire Grill. It is for sale but there are no takers for the only eatery in the depressed town. Newcomer Percy suggests to Hannah that she raffle it off. Best essay on why you want the grill wins. Soon, mail is arriving by the wheelbarrow full and things are cookin. Includes lunch prior to the performance at Mitchell's Fish Market and mini bus transportation.

### CANDIDE Macomb Center for Performing Arts

Friday, March 8, 2019

\$42.00 per person (\$47.00 Non-Members)

Departs: 9:30 a.m. – Returns: 3:30 p.m.

Celebrate the centenary of Leonard Bernstein with this new production featuring the Michigan Opera Theatre Studio Artists! Bernstein's funny, philosophical, quick paced take on Voltaire's biting satire on the tragedy of human nature. Includes ticket and motorcoach transportation. Late lunch at Aspen Grill on your own after the performance.

### HANZEL AND GRETEL Michigan Opera Theatre

Friday, April 5, 2019

\$42.00 per person (\$47.00 Non-Members)

Departs: 9:30 a.m. – Returns: 3:30 p.m.

The classic Brothers Grimm fairytale like you've never seen it before! Sung in German with projected English supertitle translations with award winning puppetry by Basil Twist, enjoy a lavish production featuring flying angels, dancing gingerbread and a larger than life witch. Engelbert Humperdinck's rich, lyrical score completes the magic! Motorcoach transportation. Late lunch on your own after the performance.

### STICK FLY Meadowbrook Theatre

Wednesday, April 10, 2019

\$64.00 per person (\$69.00 Non-Members)

Departs: 11:30a.m. – Returns: 5:00 p.m.



The affluent African American LeVay family is gathering at their Martha's Vineyard home for the weekend, the brothers, Kent and Flip have each brought their respective ladies' home to meet their parents for the first time. As the two newcomers butt heads over the issues of race and privilege, long-standing tensions bubble under the surface and reach a boiling point when secrets are revealed. Includes lunch prior to the performance at Alfocchino Restaurant and mini-bus transportation.

### SEALED FOR FRESHNESS Theatre on the Avenue - Wyandote

Thursday, April 11, 2019

\$77.00 per person (\$82.00 Non-Members)

Departs: 9:00a.m. – Returns: 6:00 p.m.

Begin this Spring day by boarding the deluxe motorcoach to the Ford Yacht Club located in Grosse Ile. After lunch enjoy the hilarious comedy that takes place at a 1968 Tupperware party! Hostess Bonnie invites a group of neighbors over for the party including perky, rich Jean, Jean's cranky very pregnant sister, Sinclair, ditzy blond Tracy Ann, and new neighbor Diane, who's made quite a career selling Tupperware, but at the expense of her marriage. The mix of personalities and martinis consumed lead to a great deal of high jinx plus revelations of secrets and insecurities. Choose your entrée; grilled smothered chicken, grilled salmon or roast beef when registering. Motorcoach transportation.

## MOTOR CITY CASINO

**Monday, April 15, 2019**

**\$35.00 per person (\$40.00 Non-Members)**

**Departs: 9:00 a.m. – Returns: 4:00 p.m.**

Receive \$15.00 in gaming. Motorcoach transportation.  
Sign up today!

## DETROIT BEHIND THE SCENES

**Tuesday, April 23, 2019**

**\$88.00 per person (\$93.00 Non-Members)**

**Departs: 8:45 a.m. – Returns: 3:45 p.m.**

Start the day with a guided tour of the “golden tower” Fisher Building, Albert Kahn’s architectural masterpiece. Learn the intimate details as well as see firsthand the exquisite design and ornamentation of the interior arcade including one of a kind mosaics, chandeliers and the finest craftsmanship. Lunch will follow at Mario’s restaurant. After lunch, tour the magnificently restored Detroit Opera House, including backstage areas not accessible to the public. Tour the stage and see how it operates and meet the people behind the scenes. Please make lunch choice when registering.

## PICASSO'S GRAPEVINE LUNCH AND FUN!

**Tuesday, April 30, 2019**

**\$40.00 per person (\$45.00 Non-Members)**

**Departs: 11:00 a.m. – Returns: 3:00 p.m.**

Spring is on its way and now it is time to travel by mini-bus to the new Picasso’s Grapevine location. Enjoy a box lunch prepared by an area restaurant followed by step by step instructions to create your own personalized wooden vases. All supplies are included. Includes mini-bus transportation from the Senior Community Center.

## THE MARVELOUS WONDERETTES Meadowbrook Theatre

**Wednesday, May 8, 2019**

**\$68.00 per person (\$73.00 Non-Members)**

**Departs: 11:30a.m. – Returns: 5:00 p.m.**

This hit takes you to the 1958 Springfield High School prom where we meet four girls with hopes and dreams as big as their crinoline skirts! As we learn about their lives, the girls serenade us with classic 50’s hits including “Lollipop, Dream Lover, and Stupid Cupid.” When the girls reunite to take the stage and perform at their ten-year reunion we learn about the past decade’s highs and lows. Includes lunch prior to the performance at Kruse & Muer on Main and mini-bus transportation.

## THE BEAUTY QUEEN OF LEENAME Detroit Public Theatre

**Wednesday, May 15, 2019**

**\$52.00 per person (\$57.00 Non-Members)**

**Departs: 10:30 a.m. – Returns: 5:30 p.m.**

This groundbreaking, Tony Award Winning written by Martin McDonough (Three Billboards Outside Ebbing, Missouri) wildly funny and deeply shocking modern classic tells the story of Maureen Foley, a plain and lonely woman in her early forties and Mag, her an aging, manipulative mother with whom she lives and their toxic, caretaking relationship. When Mag interferes with Maureen’s romantic relationship, events are set in motion that are tragically funny as they are horrific. Includes motorcoach transportation. Lunch on your own prior to the performance.

## REVOLUTION: THE BEATLES Detroit Symphony Orchestra

**Friday, May 17, 2019**

**\$46.00 per person (\$51.00 Non-Members)**

**Departs: 8:45 a.m. – Returns: 3:30 p.m.**



WAITING LIST

A symphonic journey through the history of the Beatles and Abbey road told through the Fab 4’s #1 hits and Jeff Tyack’s restorative arrangements of the original recordings. Includes coffee and donuts prior to the concert, concert ticket and mini-bus transportation.

Lunch on your own after the performance.

## DETROIT HISTORIC CHURCHES

**Monday, June 3, 2019**

**\$71.00 per person (\$76.00 Non-Members)**

**Departs: 9:00 a.m. – Returns: 5:30 p.m.**

The trip you have been waiting for.... begin the day with a tour of Sweetest Heart of Mary Church, a cornerstone of the Polish community in Detroit. Continue on for a guided tour of St. Francis D’Assisi designed by Kastler and Hunter. Completed in 1905, the style of the church is Italian Renaissance located on Detroit’s west side. Lunch will follow at Los Galanes Restaurant located in the heart of Detroit’s Mexicantown neighborhood. After lunch visit La Gloria Bakery to pick up some authentic goodies. Wrap up this day with a tour of Ste. Anne de Detroit Catholic Church with reigns as the second oldest parish in the country with an unbroken history. Includes tours, lunch and motorcoach transportation. Please make lunch choice when registering.

## DUELING PIANOS

### Zehnder's Summer Lunch Show

**Friday, June 7, 2019**

**\$74.00 per person (\$79.00 Non-Members)**

**Departs: 10:00 a.m. – Returns: 4:00 p.m.**

Experience this popular type of interactive entertainment. Dueling Pianos is a modern-day vaudeville act where two talented pianists are your ringmasters for the day and will play rockin' oldies hits of yesterday and today. They are comedians as well as top-notch musicians with an unbelievable repertoire of music. Be a part of the show! Includes Zehnder's famous chicken and sausage luncheon in the main dining room and motorcoach transportation.

## THE WONDERFUL MUSIC OF OZ

### Detroit Symphony Orchestra

**Friday, June 14, 2019**

**\$46.00 per person (\$51.00 Non-Members)**

**Departs: 8:45 a.m. – Returns: 3:30 p.m.**

Defy gravity and follow the yellow brick road on a musical journey over the rainbow. The classic novel: The Wonderful Wizard of Oz" took the world by storm and for over one hundred years has inspired storytellers and composers on Broadway. Relive the original tale in one magical concert event. Includes coffee and donuts prior to the concert, concert ticket and mini-bus transportation. Lunch on your own after the performance.

## THE IT GIRL

### Meadowbrook Theatre

**Wednesday, June 19, 2019**

**\$63.00 per person (\$68.00 Non-Members)**

**Departs: 11:30a.m. – Returns: 5:00 p.m.**

A lighthearted tribute to silent movies and Clara Bow that reinvents her 1927 Paramount Picture "IT." Betty is a sassy department store sales clerk who wins an advertising contest held to find the girl with the elusive, thrilling quality known as "IT." Among those she enchants with sexy charm is the heir to the retail empire that employs her. Includes lunch prior to the performance at Lelli's. Mini bus transportation.

## PUT IN BAY

### On South Bass Island

**Wednesday, July 24, 2019**

**\$123.00 per person (\$128.00 Non-Members)**

**Departs: 6:45 a.m. – Returns: 8:45 p.m.**

Don't miss this summer adventure to Put In Bay. Trip includes deluxe motorcoach, round trip ferry, narrated island tour including points of interest aboard the island train, choice of the Butterfly House, a 4,000 square foot Avery that houses over 500 types of exotic butterflies or Perry's Cave; which lies 52 feet below the surface of South Bass Lake in Lake Erie to view stalactites, stalagmites

and cave pearls. You will receive a lunch voucher valid at Pasquales, Boardwalk, Chicken Patio, Hooligans, Mossbacks or the Keys. Includes a visit to Perry's International Peace Memorial monument and a visit to the Put In Bay Winery at the Dollar House Tour historic estate. Note: There is a considerable amount of walking on this tour.

## EXPLORE MIDLAND!

### FEATURING THE DOW HOME, STUDIO AND GARDENS AND THE NEW WHITING FOREST CANOPY WALK

**Monday, August 5, 2019**

**\$94.00 per person (\$99.00 Non-Members)**

**Departs: 7:45 a.m. – Returns: 6:45 p.m.**

Begin this fun day with a guided tour of the mid-century modern Dow Home and Studio. After the tour, lunch is included at Lucky's Steakhouse. Your day continues with a tour of Dow Gardens and its annual displays and history and an opportunity to stroll the Whiting Forest Canopy. There is moderate walking on this trip. Includes motorcoach transportation.

## WELCOME TO PARADISE

### Purple Rose Theatre

**Wednesday, August 21, 2019**

**\$104.00 per person (\$109.00 Non-Members)**

**Departs: 11:00 a.m. – Returns: 6:30 p.m.**

Welcome to Paradise, set in the Caribbean, centers around two people, who, despite their age difference, find love and acceptance in each other. With a generation gap (or more) between them, they discover they have more in common with each other than they thought. At what age can one find one's soulmate? Are there boundaries to true friendship and affection? What, exactly, is the meaning and nature of love? Lunch is included at the Common Grill. Motorcoach transportation.

## ALL THINGS DETROIT

**Tuesday, September 10, 2019**

**\$76.00 per person (\$81.00 Non-Members)**

**Departs: 8:30 a.m. – Returns: 5:00 p.m.**

A fantastic tour of the City of Detroit with a local step on guide including many famous landmarks and new developments (even a few photo stops along the way.) Lunch is next at the American Coney Island, a favorite with Detroiters and visitors for nearly a century. After lunch visit the Guardian Building. This hidden treasure is a 40-story architectural gem is a quirky Art Deco-style orange brick-terra cotta limestone skyscraper. It was built in 1929 and renovated to pristine condition including a soaring cathedral ceiling, giant mural depicting Michigan industry and intricate tiles and stained glass. Complete the day with a visit to Small Plates where you will enjoy hot fudge cream puffs with vanilla ice cream topped with Sanders hot fudge. Includes motorcoach transportation.

## DETROIT TIGER GAME

Thursday, September 26, 2019

\$69.00 per person (\$74.00 Non-Members)

Departs: 10:30 a.m. – Returns: 5:30 p.m.

Take me out to the ballgame! A late summer afternoon game including your lower level ticket, hot dog, beverage and motorcoach transportation.

### NEED TO KNOW TRIP POLICY INFORMATION

- Once tickets are purchased for a day trip, if you are unable to attend, a refund can only be processed for you if we can replace you with someone from our waiting list.
- A waiting list is started whenever a day trip or a special event becomes full. If you are unable to attend a day trip or special event after you register, contact the Center so that the next person on the waiting list will have a chance to attend.
- If you have a specific food allergy, please provide us with that information upon registration.
- In the event you will be taking a wheelchair or walker on a trip, please let us know when you register.
- Medical forms and waivers must be completed by all participants prior to departing for a day trip or participating in a program.
- Plan to be at the Center a minimum of 15-20 minutes prior to departure time for trips.
- Parking for trips is available in the dirt parking lot on the East side of the Carriage House.
- For any trip that crosses the border to Canada, proper ID is required. You must have an enhanced driver's license or a passport and no prior arrests-otherwise you will be asked to exit the motorcoach.
- Independence Township Parks Recreation & Seniors reserves the right to request that any person needing assistance when participating in our programs be accompanied by a personal escort. A paid reservation must be made for the escort.

### EXTENDED TRIPS

The following contain brief descriptions of each trip. Please stop by the Senior Community Center and pick up a detailed flyer. PLEASE NOTE: ALL PRICES ARE PER PERSON.

## FIREKEEPERS and Gun Lake Overnight

March 26-27, 2019 (New Dates)

Single: \$237.00 per person

Double: \$160.00 per person

Triple: \$152.00 per person

(Non-Members – Additional \$10.00 per person)

This two-day trip begins with traveling to Gun Lake Casino in Wayland, Michigan where everyone will receive \$10.00 in slot play and a \$10.00 food voucher. Enjoy some leisure time and lunch before you depart for your overnight stay at Firekeepers Casino Hotel. Receive \$40.00 in free play and \$10.00 to be used for food, beverages or the gift shop. Motorcoach transportation.

## ARK ENCOUNTER

The Life-Sized Re-Creation of Noah's Ark

May 9-10, 2019

Single: \$393.00 per person

Double: \$329.00 per person

Triple: \$308.00 per person

(Non-Members – Additional \$10.00 per person)

Trip includes the Creation Museum, a 70,000 square foot museum which brings pages of the Bible to life, casting it's characters and animals in dynamic form and placing them in familiar settings, The Ark Encounter where you will experience jaw dropping exhibits inside the ark as well as friendly animals in the zoo, dinner at Greyhound Tavern, an award winning restaurant and Northern Kentucky landmark, 1 Night at the Holiday Inn including breakfast and modern motorcoach transportation.

Deposit: \$20.00 per person

Balance Due: March 9, 2019

## THE OLD SOUTH Charleston – Savannah & Southern Plantation Tour

May 18-25, 2019

Single: 2,6899.00

Double: \$1,899.00

Triple: \$1,699.00

(Non-Members – Additional \$25.00 per Person)

Tour includes 3 Nights in Charleston, 2 Nights in Savannah and Two Nights en route. Includes 7 breakfasts, 1 lunch and 3 dinners. Highlights include a horse drawn carriage tour of Charleston, Charleston sightseeing tour, Boone Hall Plantation, historic Charleston Market, Magnolia Gardens and Plantation, Charleston Tea Plantation, Carriage Tour of Beaufort, Savannah's old Town Trolley, Savannah Riverstreet District and much more. Modern Motorcoach transportation.

Deposit: \$100.00 per person

Balance Due: April 1, 2019

Optional Cancellation Insurance is available @ \$95.00 per person and is payable with deposit.

## NIAGARA FALLS AND TORONTO

Plus: Niagara On the Lake

May 20-23, 2019

Single: \$799.00

Double: \$599.00

Triple: \$529.00

(Non-Members – Additional \$25.00 per Person)

This late Spring/early Summer trip features the Maiden in the Mist Boat Cruise, 3 Nights in Niagara Falls, 3 Breakfasts, 1 Lunch, 2 Dinners, Sightseeing Tour of Niagara Falls, Imax Theatre, Sightseeing Tour of Toronto, Winery Tour and Tasting, Niagara On The Lake, Luggage Handling and Tax and Trip on included meals. Modern motorcoach transportation.

Deposit: \$100.00 per person

Balance Due: April 1, 2019

Optional Cancellation Insurance is available @ \$40.00 per person and is payable with deposit.

## NASHVILLE –

### Country Music Festival

June 6-10, 2019

Single: \$2,530.00

Double: \$1,630.00

Triple: \$1,380.00

Quad: \$1,200.00

(Non-Members – Additional \$10.00 Per Person)

Trip includes luxury motorcoach transportation, 4 nights at Gaylord Opryland Resort in Nashville, Tennessee, Daily shuttle to and from the County Music Awards Festival, County Music Fest Tickets including upper level tickets to Nissan Stadium, 4 Day Admission to Fan Fair X and early access to the riverfront stage.

Optional Cancellation Insurance is available @ \$250.00 per person and is payable with deposit.

**Please note: This trip is available for anyone over the age of 21 years of age**

## LAKE MICHIGAN SUMMER BREEZE

July 10-11, 2019

Single: \$441.00

Double: \$349.00

Triple: \$319.00

(Non-Members – Additional \$10.00 Per Person)

Join us for this Mid-Summer Pure Michigan overnight trip! Our first day consists of a fun-filled 7-mile dune ride with breathtaking views of Silver Lake and Lake Michigan. Next, we stop and spend time at the Shelby Gem Factory. After checking in to our hotel, we are off to an included dinner at PM Steamers with a breathtaking view of Ludington's sparkling waterfront. Cap off the evening with a visit to the North Breakwater Lighthouse to watch a Lake Michigan sunset. After breakfast, we depart for Douglas Valley Winery for wine tasting. Our venture home includes a stop at Little River Casino in Manistee where you will receive \$20.00 in gaming credits. We head home by mid afternoon with a short dinner stop on your own. Motorcoach transportation. **Deposit: \$100.00 per person**

## CANADIAN ROCKIES – Glacier National Park

August 4-10, 2019

Single: \$4,899.00

Double: \$3,599.00

Triple: \$3,299.00

(Non-Members – Additional \$25.00 per Person)

Great time of year to take this trip! Includes round trip air from Detroit to Calgary, airport transfers, 3 Nights in Banff and 3 Nights in Waterton Lakes National Park, 6 Breakfasts, 2 Lunches and 3 Dinners, Sightseeing Tour of Banff National Park, Visit Lake Louise and Chateau Lake Louise, Sightseeing Tour of Yoho National Park, Emerald Lake and Takakkaw Falls, Waterton Lakes National Park, Glacier National Park and much much more! Includes luggage handling and taxes and tips on included meals.

Deposit: \$250.00 per person

Balance Due: June 4, 2019

Optional Cancellation Insurance is available @ \$150.00 per person and is payable with deposit.

## OREGON COAST & PACIFIC NORTHWEST

### INCLUDES TWO NIGHTS IN SAN FRANCISCO

August 8-17, 2019

Single: \$5,389.00

Double: \$3,889.00

Triple: \$3,659.00

(Non-Members – Additional \$25.00 per Person)

Includes roundtrip air, 9 Nights Lodging, 9 Breakfasts, 1 Lunch and 5 Dinners, Sightseeing tour of Seattle, Seattle's Pike Place Market, Mt. St. Helen's Visitor Center, Timberline Lodge Tour and Chairlift, Bonneville Dam and Lock, Spectacular Oregon Coast Highway, Whale Watch Cruise, Oregon Sand Dunes Buggy Tour, Jet Boat Ride Through Hellgate Canyon and much, much more! Includes luggage handling and tax and tip on included meals.

Deposit: \$250.00 per person

Balance Due: June 2, 2019

Optional Cancellation Insurance is available @ \$175.00 per person and is payable with deposit.

## SHIPSHEWANA, INDIANA

August 27-28, 2019

Single: \$384.00

Double: \$309.00

Triple: \$285.00

(Non-Members – Additional \$10.00 per Person)

Late summer overnight trip to the middle of Amish Country including 1 night at Farmstead Inn, 1 Continental Breakfast, 1 Lunch and 1 Dinner. Features include Linton's Enchanted Gardens, Dutch Country Market, Spring Valley Woodcraft, Deutsch Kase Haus, Blue Gate Restaurant and Bakery, Rise and Roll Bakery, Shipshewana Flea

Market, the Carriage House and shopping in Downtown Shipshewana. Includes motorcoach transportation.

**Deposit: \$100.00 per person**

## REFLECTIONS OF ITALY

**September 11-20, 2019**

**Double: \$ 4,549.00 per person**

*(If registered before March 12, 2019)*

**Single: \$ 5,249.00 per person**

*(If registered before March 12, 2019)*

**Triple: \$ 4,499.00 per person**

*(If registered before March 12, 2019)*

Highlights include Rome, Colosseum, Assisi, Perugia, Siena, Florence, Chianti Winery & Cooking Class, Venice and much more. Includes roundtrip airfare, 14 Meals and transportation and transfers to and from DTW airport.

**Deposit: \$500.00 per person**

**Balance Due: July 13, 2019**

Optional Cancellation Insurance is available @ \$315.00 per person and is payable with deposit.

## WISCONSIN DELLS

**Lake Geneva and "Taste of Milwaukee"**

**September 12-17, 2019**

**Single: \$1,849.00**

**Double: \$1,499.00**

**Triple: \$1,299.00**

**(Non-Members – Additional \$25.00 Per Person)**

Trip includes modern motorcoach transportation, 5 nights lodging, 5 breakfasts, 3 dinners, Michigan's Lake Express Ferry, Sightseeing Tour of Milwaukee, Basilica of St. Josaphat, Brewery Tour, Dells Dinner Cruise, Lake Geneva Cruise, and much, much more! Includes luggage handling and tax and tips on included meals

**Deposit: \$100.00**

**Balance Due: July 12, 2019**

Optional Cancellation Insurance is available @ \$95.00 per person and is payable with deposit.

## COASTAL TREASURES

**Wildwood NJ, Cape May and Atlantic City**

**September 22-28, 2019**

**Single: \$1,299.00**

**Double: \$ 999.00**

**Triple: \$ 899.00**

**(Non-Members – Additional \$25.00 Per Person)**

Includes 4 Nights in Wildwood, New Jersey Oceanfront, two nights en route, 2 evenings of entertainment, 6 Breakfasts, 4 Dinners, QVC Studio Tour, Beautiful Cape May, Dolphin Watch Cruise, Afternoon in Atlantic City and many more tours! Motorcoach transportation.

**Deposit: \$100.00**

**Balance Due: July 1, 2019**

Optional Cancellation Insurance is available and is payable with deposit.

## RAILROADS OF NEW ENGLAND

**Fall Color Classic**

**October 2-9, 2019**

**Single: \$2,999.00**

**Double: \$1,999.00**

**Triple: \$1,799.00**

**(Non-Members – Additional \$25.00 Per Person)**

You won't want to miss this trip consisting of scenic rail excursions, stunning backroad touring, fabulous sightseeing and attractions, charming villages and New England's majestic fall foliage. Includes 7 Nights Lodging, 7 Breakfasts, 2 Lunches and 4 Dinners, Vermont's Green Mountain Rail, Quechee Gorge, Cannon Mountain Aerial Tram, Café Lafayette Dinner Train, Winnepesaukee Scenic Railway, Lake Winnepesaukee Boat Cruise, New York's Finger Lakes Region, 2 Evenings of Entertainment and much, much more!

**Deposit: \$100.00**

**Balance Due: July 28, 2019**

Optional Cancellation Insurance is available @ \$125.00 per person and is payable with deposit.

## GRAND EXPERIENCE

**Mackinac Island Grand Hotel**



*Grand Hotel*®

**October 6-9, 2019**

**Single: \$1,144.00**

**Double: \$ 854.00**

**Triple: \$ 760.00**

**(Non-Members – Additional \$10.00 Per Person)**

**Please note: We have filled our current allotment of rooms. Please place your name on the Waiting List. We will contact you once new rooms are released to us. Thank you!**

A Michigan Cruise on Land! Includes accommodations at the world-famous Grand Hotel (including baggage handling, taxes and gratuities,) full breakfast each morning, tea and cookies each afternoon, five course dinner each evening, brunch buffet at Willow Restaurant in West Branch, special champagne reception, nightly demitasse, nightly dancing with the Grand Hotel Orchestra and carriage tour. This all-inclusive trip provides time to relax or be active including free unlimited golf on the 9-hole Jewel Course (\$25.00 mandatory cart fee,) Grand Hotel history lecture, kitchen tour, bingo, bocce, golf chipping and putting tournaments, self-guided walks, writing contests, movies, and much, much more! Includes roundtrip motorcoach transportation, round trip ferry, horse drawn taxi to and from the Grand Hotel and discounts on bike rentals.

**Deposit: \$200.00 per person**

**Balance Due: July 24, 2019**

Optional Travelex Cancellation Insurance information available with registration

## KEWADIN CASINO OVERNIGHT

November 3-4, 2019

Single: \$160.00

Double: \$135.00

Triple: \$130.00

(Non-Members – Additional \$10.00 per Person)

This overnight getaway includes deluxe motorcoach transportation, 1-night accommodations at the Kewadin Casino Hotel and Convention Center in Sault Ste. Marie and luggage service. Casino incentives include \$10.00 free slot play each day at each stop, a \$10.00 food voucher and complimentary breakfast buffet. Donate 3 canned goods each day and receive additional Kewadin credits each day. Payment is due in full upon registration. No refunds after October 2, 2019, unless replaced from the Waiting List or an alternate replacement is found.

## TREASURES OF EGYPT



November 6-18, 2019

Double: \$ 4,299.00 per person

(If registered before May 7, 2019)

Single: \$ 5,299.00 per person

(If registered before May 7, 2019)

Highlights include Giza, Pyramids, Sphinx, Memphis, Sakkara, Museum of Egyptian Antiquities, Luxor, Valley of the Kings, Deluxe 4 Night Nile River Cruise, Temple of Larnak, Kom Ombo, Aswan and much more! Includes roundtrip airfare, 22 Meals and transportation and transfers to and from DTW airport.

Deposit: \$500.00 per person

Balance Due: July 9, 2019

Optional Cancellation Insurance is available @ \$385.00 per person and is payable with deposit.

Optional 4 Days 3 Night Jordan Port Tour Extension. Rate is \$1,099.00 per person for double occupancy and airfare is not included. The purchase of an additional air segment is required for this extension. Please inquire for air rate at time of booking.

### Please Do Not Let This Happen!

Cancellation of Day and Extended Trips can be avoided. Deadlines are very important for planning purposes, for the Community Center staff, for Travel Companies and Instructors. Please avoid disappointments by registering early! Thank you!

## A COUNTRY CHRISTMAS Opryland Resort Nashville



December 2-5, 2019

Single: \$1,759.00

Double: \$1,319.00

Triple: \$1,219.00

(Non-Members – Additional \$25.00 Per Person)

Stay in premium view rooms at the Opryland Hotel overlooking the magnificent indoor atrium featuring lush gardens, serene waterfalls and stunning holiday displays. Includes one night in Lexington, Kentucky, 2 nights at the Opryland Hotel, 3 breakfasts, 2 dinners, Grand Old Opry, Country Music Hall of Fame, Opryland's Country Christmas Dinner Show, Delta Flatbeds and much, much more. Motorcoach transportation.

Deposit: \$100.00

Balance Due: October 2, 2019

Optional Cancellation Insurance is available @ \$80.00 per person and is payable with deposit.

## CHRISTMAS AT THE GREENBRIER

December 9-12, 2019

Single: \$1,799.00

Double: \$1,319.00

Triple: \$1,159.00

(Non-Members – Additional \$25.00 Per Person)

The Greenbrier Resort is widely recognized as one of the finest Luxury Resorts in the World! 1 Night in Cambridge Ohio, 2 Nights at Greenbrier Resort, 3 Breakfasts, 3 Dinners, Cambridge Glass Museum, Dickens Victorian Christmas, Courthouse Light Show, Greenbrier Historic Hotel tour, Greenbrier Bunkar tour, \$20,00 Casino slot play and much, much more! Motorcoach transportation.

Deposit: \$100.00

Balance Due: October 2, 2019

Optional Cancellation Insurance is available @ \$80.00 per person and is payable with deposit.

### Detailed flyers for all the Extended Travel Trips are available at the Center.

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.

## SENIOR SERVICES

### **AARP** INCOME TAX PREPARATION ASSISTANCE

Tuesdays, February 5 – April 9, 2019  
Senior Community Center, Bartsch Hall

AARP trained volunteers will prepare your federal and state returns. Appointment times are 9:00am, 10:00am, 11:00am or 12:00pm. Due to high demand, call soon to schedule an appointment. Please be aware that if you do not show or cancel your appointment for a non-emergency, another time may not be available. There is no charge for this service; however, a donation to the Senior Center is appreciated.

#### Bring the following information to your tax appointment:

- A copy of last year's (2018) completed tax return.
- **Social Security cards for you, your spouse and dependents. Social Security cards or Social Security statements MUST be shown to complete tax returns. Picture identification must also be shown!**
- A record of the amount of Social Security monies received in 2018 (form SSA-1099).
- A statement of wages/income from employment or other income received in 2018 (from pensions, annuities or IRAs).
- A record of any "General Assistance" received.
- All 1099 forms listing interest and/or dividends earned.
- A record of the amount paid for health insurance other than Medicare. **If you have health insurance through the Marketplace, you must have Form 1095-A.**
- Your 2018 Property Tax Statements.
- A record of the amount of rent or mortgage payments paid in 2018.
- A record of the total heating bill for 2018 (Your December or January bill should show your total cost for the year).
- Year-end statement from your employer received in December, which shows the amount of total Medical paid for the year.

**Please Note:** The tax assistants are AARP trained volunteers, not accountants. Complex returns may be refused. You are responsible for accuracy and retention of all information and tax records.

## BEREAVEMENT GROUP

**March 12** *How Do I Respond When People Do Not Understand My Pain?*

**April 9** *The Seasons Are Changing, but Am I?*  
7:00 p.m., Carriage House

Healing Hearts Grief Support Group is for adults who have lost a loved one. A bereavement counselor from Lewis E. Wint & Son Funeral Home will facilitate the group. For additional information contact Lewis E. Wint Funeral Home (248) 625-5231 or email [www.wintfuneralhome.com](http://www.wintfuneralhome.com).

## BLOOD PRESSURE SCREENINGS

Thursdays, March 14 and April 11  
12:30 – 1:30p.m.  
Bartsch Hall-Senior Community Center

Stop in for a blood pressure check! A registered nurse from Evergreen Health Services will provide free blood pressure screenings.

## COMMUNITY IMPACT WEEKEND

April 27 and April 28, 2018

The My Habitat Clarkston Community Impact Weekend will be April 27-28th. Volunteers will assist seniors in our area with spring yard work and participate in a variety of other service projects. Consider volunteering to help make a difference in your community! Or, if you need assistance with spring yard work, please contact Patty Collins at 248/625-8231. Preference will be given to low income seniors.

## EMERGENCY FOOD ASSISTANCE

The TEFAP food assistance will no longer be administered through the Senior Community Center. For more information about TEFAP and other food assistance programs in the area, call Patty Collins.

## HEARING AID ASSISTANCE

Thursday, May 9th  
12:30p.m., Bartsch Hall

Good hearing is essential for social and personal wellbeing. Questions or problems regarding your hearing aid? In need of a cleaning? A hearing care professional from Miracle Ear will provide hearing aid cleanings, a basic screening exam and answer your questions.

## LOW VISION SUPPORT GROUP

If you or someone you know has low vision, contact Patty Collins at the Senior Community Center to learn more about this program. The group meets monthly for socialization or educational presentations. Transportation is provided for residents of the City of the Village of Clarkston, Independence and Springfield Township.

## HOMEBOUND MEALS ON WHEELS

Hot meals are available five days a week and frozen meals on the weekends to older adults 60+ and to people with short or long-term disabilities living in Independence Township and Clarkston. Call Older Persons Commission (OPC) at 248-608-0264 to sign up or call Center at 248-625-8231 Ext 11 for more information. The OPC Senior Center in Rochester provides this service to Independence Township and Clarkston through a grant with the Area Agency on Aging 1B, general fund support from Independence Township and donations.

## INFORMATION AND ASSISTANCE

If you need help locating area services and resources such as home care agencies, housing choices, legal referrals, transportation options, etc. contact Patty Collins at the Senior Center at 248-625-8231.

## MEDICAL EQUIPMENT LOAN

The Senior Community Center has walkers, canes, commode chairs, shower seats, wheelchairs and other items to loan. A \$25.00 CASH deposit is required to borrow wheel chairs, seated walkers and transfer benches. A \$10.00 CASH deposit is required to borrow shower chairs. If the item is not returned within 6 months, the money will be automatically deposited into the Senior Center account, unless a time extension is requested. Adult Depends may also be available. Donations accepted with prior approval. All returned/donated items must be in good condition, cleaned and sanitized. We do not accept medications or medical supplies. Call the Center at 248-625-8231 for more information.

## MEDICARE

Appointments with Patty, a Certified Medicare/Medicaid Counselor, are available to provide information, answer questions and to assist in reviewing your coverage options. Call 248/625-8231 ext. 17 to set up an appointment.

## MEDICARE CARDS

All new Medicare cards have been mailed. If you have not received a new card, contact Patty Collins for assistance to receive one. Medicare will never call and ask for personal information, so do not share your Medicare number or other personal information if someone calls and asks for it.

## MINOR HOME REPAIR PROGRAM

This program is designed to help low income households to complete repairs of no more than \$5,000 to a single unit residence. There is no cost to you! The repairs can include replacing furnaces, water heaters, roofs and other minor repairs. To qualify, you must be a resident of Independence Township or the City of the Village of Clarkston plus: 62 years of age or older, Disabled Adult 18 or older (disability documents required) and or low income and the owner of the home in need of repair. Call Theresa at 248-625-8231 for additional information. Assistance for other home repairs that do not qualify under these programs may be obtained by calling Oakland County's program at 248-858-5401.

## PHONE REASSURANCE PROGRAM

Trained volunteers provide social connection and ensure the well-being of seniors through consistent phone calls at predetermined times. Calls may be made to check on a person's safety, for the purpose of socializing, or both! This program is supported by the Retired and Senior Volunteer Program (RSVP) and Catholic Charities of Southeast Michigan. For more information, call 248-537-3300 ext. 3957 or e-mail [RSVP@ccsem.org](mailto:RSVP@ccsem.org).

## VISITING PODIATRIST

**Dr. Bruce Tabak, D.P.M.**

**Wednesdays, March 6 and April 3**

**9:00-11:30 a.m. at the Senior Community Center**

Basic nail care, trimming, treatment of ingrown nails, calluses, corns and pressure sores plus more complicated foot problems. Treatments are covered by Medicare and other insurance. HMOs are not accepted. If you are unsure of your insurance coverage, please call Dr. Tabak's office at 248-628-1880. Call the Center to schedule an appointment time.

## SENIOR TRANSPORTATION PROGRAM

- Passengers are required to be 55 and older or handicapped adults over 18.
- Wheelchair transportation available
- Van Service Available Monday through Friday from 8:30 a.m. to 4:00 p.m.
- All appointments need to be scheduled no later than 12:00 p.m., day before ride and are subject to availability.
- Curb to curb service anywhere within Independence Twp., Springfield Twp. and Village of Clarkston.
- A cost share of \$3.00 each way is suggested totaling \$6.00 round trip,
- Medical appointments for *McLaren Oakland, Pontiac General and St. Joe's in Pontiac* are subject to availability and are \$5 one way/\$10 round trip suggested cost share.
- SHOPPING TRIP - Meijer/Great Lakes Crossing Mall every other Tuesday. Pick up between 10:00-10:30 a.m. Pick up from Meijer at 1:30 p.m. \$6 per person.
- All new riders **must** complete a medical form before their first ride and will receive a copy of the Transportation Policy.

Our transportation service is funded through the Independence Township General Fund, Community Development Block Grant funds, Municipal Credits and Specialized Services, riders' donations, fundraisers and other donations. Springfield Township and the City of Clarkston also contribute Municipal Credits to our program. Please call 248-625-8231 to schedule a ride or for more information.

## COMMUNITY RESOURCES



To learn more about dementia and the available educational programs, support groups and resources, call 800-272-3900 or e-mail [HelplineGMC@alz.org](mailto:HelplineGMC@alz.org).

### CAREGIVER SUPPORT GROUP

Monday, March and April  
United Methodist Church

### EYEGLASSES

The Lion's Club coordinates the collection and distribution of used eyeglasses. These items are used for low-income individuals who cannot afford to purchase eyeglasses. Bring your donations to the senior center to help others. If you need assistance to obtain glasses, call Patty at the Center.

### FOCUS HOPE FOOD PROGRAM

The program provides free monthly food to senior citizens in need who are 60+ years and reside in Oakland County. Contact Michelle Robinson at the Lighthouse Clarkston at 248/620-6116.

### HOME INJURY CONTROL PROGRAM-OLSHA

Are you in need of safety devices for your home? This program will install tub grab bars, hand held showers, smoke detectors and other items. Call OLSHA at 248-209-2722 for more information.

### LAKESHORE LEGAL AID

FREE legal help for seniors (60+). This organization provides assistance with family matters, housing issues, consumer matters, wills and durable powers of attorney. They are unable to help with criminal law or traffic-related issues. Call the Counsel & Advocacy law line at (888) 783-8190 or visit online at [lakeshorelegalaid.org](http://lakeshorelegalaid.org) for more information.

### REFRIGERATOR REPLACEMENT PROGRAM

DTE has partnered with OLSHA to reduce utility bills by replacing older model, inefficient refrigerators. The owner must have an active DTE electric account and the current refrigerator must be manufactured before December 2000. For more information or an application form, contact Patty Collins or OLSHA at 248-209-2616.

## FRIENDS OF THE INDEPENDENCE SENIOR ADULT ACTIVITY CENTER

(FITSAAAC): Meets on the second Wednesday every month starting at 9:00 a.m. unless the Senior Advisory Committee meeting is scheduled before: Upcoming meetings are January 9 and March 13, 2019. Our "Friends" were approved in 2010 by the IRS as a 501© (3) non-profit, tax exempt organization. The Friends is managed by a Board of Directors, which is comprised of some of the members of the Senior Center Advisory Committee. Their main goal is to raise funds to help support programs and services of the Senior Center.

#### Friends Officers:

Carolyn Morrison – *President*  
Pam Marin – *Vice President/Treasurer*  
Sharon Hubbard – *Secretary*

#### Members:

Gloria Boddy, Joe Figa, Connie Hutchison, Lee Kuczanski, Susan Lozano, Donna Miller, Sandra Ritter and Sue Shubert.

#### Staff:

Derek Smith – *Parks, Recreation & Seniors Director*  
Barbara Rollin – *Senior Division Supervisor*

### FRIENDS FUNDRAISERS



#### Kroger Community Rewards Program

**"We Need Your Support"**

If you do not have a computer or need help enrolling, call Carolyn at 248-625-2924. You will need to have the following information available.

- Location of Kroger store you want to register at
- Kroger Plus Card Number
- Name, address and phone number
- Email and password (if you have one)
- Organization's NPO number-#90674

*Check on your receipt to make sure the Friends of the Independence Township Senior Adult Activity Center is listed.*

### ONGOING DIXSON METAL RECYCLING FRIENDS FUNDRAISER

Proceeds go to the Friends of Independence Senior Center

#### Dixson Metal Recycling

4905 White Lake Road (next to Smith's disposal)

You can drop off your unwanted metal items during their business hours. They do not take appliances with Freon or any motors that have gas or oil in them. Just let them know when you drop off your items that is for the Friends of the Independence Senior center.

## MEDICAL EQUIPMENT LOAN

The Senior Community Center has walkers, canes, commode chairs, shower seats, wheelchairs and other items to loan. A \$25.00 CASH deposit is required to borrow wheel chairs, seated walkers and transfer benches. A \$10.00 CASH deposit is required to borrow shower chairs. If the item is not returned within 6 months, the money will be automatically deposited into the Senior Center account, unless a time extension is requested. Adult Depends may also be available. Donations accepted with prior approval. **All returned/donated items must be in good condition, cleaned and sanitized.** We do not accept medications or medical supplies. Call the Center at 248-625-8231 for more information

## RENTAL OPPORTUNITIES IN CLINTONWOOD PARK

**THE CARRIAGE HOUSE** in Clintonwood Park is available for rent on some evenings and weekends. The building includes a 20-foot-wide x 70-foot-long community room that can seat 70 people, a full-sized kitchen, and two handicap accessible bathrooms with baby changing stations. What a perfect place for that birthday party, anniversary, or baby or wedding shower!! **The cost is \$50 per hour for Independence Township Residents and \$70 per hour for non-residents.**

**SENIOR COMMUNITY CENTER BARTSCH HALL** is available for rent on some evenings and weekends. This large hall is 32 feet wide by 50 feet long and can seat up to 100 people. Rental includes use of commercial kitchen with gas stove and handicap accessible bathrooms. **The cost is \$60 an hour for Independence Township Residents and \$80 an hour for non-residents. Availability is on a first come first serve basis.**

**\*The returnable security deposit is \$100 payable by check or credit card. Call the center at 248-625-8231 to inquire on available dates. All reservations must be made in person and paid for in advance.**



## SPONSOR THANK YOU'S

The Clarkston News

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SAINT JOSEPH MERCY HEALTH SYSTEM

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by Sayles

## WISH LIST AND THANK YOU'S

### DONATION WISH LIST

We can use the following items for our center:

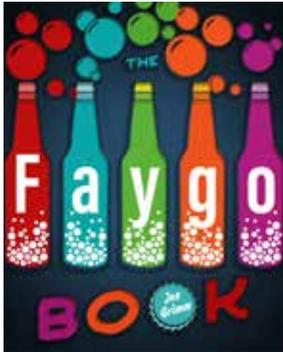
Cans of coffee-regular & decaf (we can always use more decaf coffee), cans of creamer and sugar, candy for the front desk, disposable bowls, cups and plates, large buttons for kitchen towels, plastic cutlery, plates for cookies and desserts, yarn, patriotic cotton material and 100% Cotton quilt batting for the quilting club.

### DONATIONS TO CENTER

For their donations of beverages, candy, coffee, cookies, desserts and snacks, disposable items, envelopes, kitchen items and medical supplies: Mary Ann Baker, A. Bratt, Teresa Brown, Clarkston Rotary-Joel Delong, Mike Czar, Carol Dobson, Doreen Dorau, Connie Hutchison, Marsha Lee, Nancy McDavid, Sofia Nakis, Nancy Nisbett, Duane Proctor, Lea Reeves, Nancy Shuman, Helen Simunovic, Emile Stach, Larry Stephens, Barb Szymatowicz, Gerry Townsend, Sharon Witala and Betty Wright.

## COMMUNITY MEETINGS AND EVENTS

### FIZZ AND POUR: THE SOCIAL HISTORY OF FAYGO



Thursday, March 28, 2019  
from 6:30-8:30 p.m.  
Clarkston Independence  
District Library  
Community Meeting Room

Join us as we welcome Author of "The Faygo Book," Joe Grimm as he takes us through the social history of one of Detroit's most beloved brands. Registration is required. Call the library for more information.

### BINGO AT THE LIBRARY

Monday, April 1, 2019 from 7:00-8:30 p.m.  
Clarkston Independence District Library

Join us for a night of fun, excitement and the chance to shout "BINGO"! Try your luck and win a gift card to a variety of local businesses. Please register for this event as space is limited.

### 7TH ANNUAL BODY MIND GREEN EXPO

Community Expo featuring local businesses dedicated to health, wellness, and the environment. Hosted by Clarkston Area Chamber of Commerce Thursday, April 18, 2019 from 5:00-8:00 p.m. Clarkston High School Presenting Sponsor-St. Joseph Mercy Oakland

Free Admission and Door Prizes.

### ALZHEIMER'S AND DEMENTIA: Coping with challenging behaviors

Thursday, April 18, 2019  
Older Persons Commission  
650 Letica Drive, Rochester  
Choose one of three session times:  
7:45am, 2:00pm or 5:30pm

Teepa Snow is an enlightening and energetic speaker who will discuss the struggle and challenges Alzheimer's and dementia creates for all parties involved. The presentation will help caregivers understand why the person they are trying to help frequently exhibits difficult behaviors that make care assistance challenging to deliver. Call to register at 248-865-1000

### DISCOVER MICHIGAN FRESH

Saturday, March 2, 2019  
10:00 AM - 11:00 AM  
Oakland County Farmers Market  
2350 Pontiac Lake Road, Waterford, MI 48328

Discover Michigan Fresh is a free program geared toward people ages 60 and older. It offers tips on growing, handling and preserving fresh food and provides healthy recipes that focus on the delicious flavors of Michigan-grown bounty from backyard gardens and local farmers markets. Eligible participants who attend four out of the six, hour-long presentations will receive \$20 in Senior Market Fresh coupons that are valid for unprocessed fruits and vegetables at local farmers markets, including the Oakland County Farmers Market. Call 248-858-5495 or email [OCmarket@oakgov.com](mailto:OCmarket@oakgov.com) for more information.

### SPRING INTO ACTION Fundraiser to Benefit My Habitat Clarkston



Bowman Auto Center  
Saturday, March 23 from 6-9 p.m.  
9603 Dixie Hwy., Clarkston, (near Davisburg Rd)

Strolling dinner with local restaurants, silent auction, entertainment, and much more! Ticket prices - \$60 per ticket or \$300 for 4 VIP tickets, plus logo recognition at event. Featuring food by The Fed.

### DISCOVERY DAY

Springfield Oaks County Park  
Saturday, April 27, 2019  
10:00 AM - 3:00 PM  
12451 Davisburg Rd., Springfield Township 48350

**WHAT IS DISCOVERY DAY?** A great way to spend the day with grandkids! This family event open to the public providing educational hands-on experiences in a friendly atmosphere. Information will be available about joining 4-H and exhibiting at the Oakland County Fair! Every year over 600+ individuals visit 4-H Discovery Day making it one of the most popular 4-H events of the year.

## BIRTHDAYS

### MARCH

Osamu, Kawai	3/2	Myre, Gailya	3/23
LaBay, Dorothy	3/2	Reid, MaryJo	3/23
Prock, Denise	3/2	Worden, Robyn	3/23
Przybycien, Mary	3/2	Carpenter, Judy	3/24
Mackey, Samuel	3/3	Decker, Eileen	3/24
Rieck, Eugene	3/3	Miller, Jennifer	3/24
Tungate, Paul	3/3	Bachus, Beth	3/25
Rana, Rose	3/4	Crites, Joanne	3/25
Murphy, Celia	3/5	Hernandez, Rafael	3/25
Newman, Mary	3/5	Pachuta, Jean	3/25
Robiadek, Dawn	3/5	Stone, Arlene	3/25
Butler, Charlotte	3/6	Willhite, Debra	3/25
Cook, Valerie	3/6	Klemm, Tina	3/26
Mathiak, Lee	3/6	McQuigg	3/26
Smith, Chris	3/6	Jacques, Kristine	3/27
Baum, Dory	3/7	Klimek, Cynthia	3/27
Marino, John	3/7	Baker, Mary Ann	3/28
Muringer, Carol	3/7	Chambers, Sherwood	3/28
Barger, Janice	3/8	Heikkila, Robert	3/28
Nagi, Jill	3/8	Murphy, Krystyna	3/28
O'Neil, Tammy	3/8	Pachuta, Jean	3/28
Kell, Shirley	3/9	Anderson, Betty	3/29
Sweet, David	3/9	Baxter, Don	3/29
Allen-Steele, Roberta	3/10	Bjurman, Deborah	3/29
Braun, Linda	3/10	Kurmaniak, Sharon	3/30
Coomer-Larson, L.	3/10	McGee, Dody	3/30
Frick, Florence	3/10	Meyland, John	3/30
Larkin, Jacqueline	3/10	Shubert, Sue	3/30
McNeil, Cheryl	3/10	Hutchins, Joanne	3/31
Dorris, Jr., Hugh	3/11	Kantola, Pat	3/31
Fryer, Paul	3/11	Nailey, Margot	3/31
Kucirmba, Helen	3/11		
Collier, Arden	3/12		
Guzek, Michael	3/12		
Hubbard, Hilda	3/12		
Rosinski, Joseph	3/12		
Voog-Sabbag, Kim	3/13		
Fitzpatrick, Gail	3/14		
Tack, Heidi	3/14		
Kantola, Donald	3/16		
Larson, Lawrence	3/16		
Allen, Patrick	3/17		
Asimakis, Bev	3/17		
Hughes, Janet	3/17		
Miscovich, Tom	3/17		
Trosen, Pat	3/17		
Winters, Sharron	3/17		
Beach, Janice	3/18		
Ginn, Michele	3/18		
Lyons, James	3/18		
Murrell, Terry	3/18		
Stoll, Carol	3/18		
Blevins, Lois	3/19		
Fryer, Sue	3/19		
Marino, Lorraine	3/19		
Pendell, Ron	3/19		
Ronk, Mary	3/20		
Stafford, Judy	3/20		
Hund, Richard	3/21		
Reynolds, Paul	3/21		
Marshall, Sharon	3/22		
Sanderson, Clara	3/22		
Wiitala, Sharon	3/22		
Haines, Mitt	3/23		
Jones, William	3/23		
McKelvey, Mary Lou	3/23		

### APRIL

Baran, Margaret	4/1
Grzesiak, Anthony	4/1
Hynes, Joan	4/1
Kayga, Jerry	4/1
Morrison, Carolyn	4/1
Proctor, Duane	4/1
Smolen, Patricia	4/1
Wyzgoski, Annie	4/1
Banks, Carol	4/2
Hertz, Winnette	4/2
Johnson, Sheila	4/2
Morrow, Maureen	4/2
Pendell, Lorna	4/2
Aulgur, Susan	4/3
Dembek, Gail	4/3
Loveless, Mark	4/3
Morrow, Lois	4/3
Dennis, Pam	4/4
Kolody, Gary	4/4
McNally, Carol	4/4
Richards, John	4/4
Hotchkiss, Lorraine	4/5
Kemp, Lisa	4/5
Bradley, Lucille	4/6
Chamberlain, Gail	4/6
Koons, John	4/6
Miller, David	4/6
Schulte, Keith	4/6
Allen, Rod	4/7
Kotschedoff, Cheryl	4/7
Lee, Margaret	4/7
Mitcham, Carla	4/7

Nadison, Janet	4/7
Auchterlonie, Rob	4/8
Lamm, Tom	4/8
Keller, Lucille "Lu"	4/8
Martin, Cecil	4/8
Mathews, Linda	4/8
Gugyela, Liz	4/9
Plante, Maura	4/9
Rudaitis, Lynda	4/9
Cox, Roger	4/10
Gouin, Nancy	4/10
Allen, Dottie	4/11
Conner, Sylvia	4/11
Gordon, Kathleen	4/11
Miller, Charles	4/11
O'Neil, Elsie	4/11
Canty, Lorita	4/12
Conway, James	4/12
Logan, Norma Jean	4/12
Imiowicz, Irek	4/13
Tauer, Jerry	4/13
Wolfe, Betty	4/13
Robertson, Chuck	4/14
Tobin, James	4/14
Tungate, Anne	4/14
Turnblom, Joyce	4/14
Bouscher, Jim	4/16
Murphy, Patrick	4/16
Seddon, Lois	4/16
Braun, Maureen	4/17
Hicks, Carole	4/17
Harrity, Laura	4/18
Smith, Sallie	4/18
Kohlman, Ron	4/19
Geran, Patricia	4/20
Loveless, Len	4/20
Reedy, Sherry	4/21
Lee, Jerry	4/22
Quisenberry, Mindy	4/22
Smith, Robert	4/23
Wall, Charlotte	4/23
Cook, Robert	4/24
Kolodge, David	4/24
Micallef, Vincent	4/24
Vaughn, Ronald	4/24
Wasilk, Len	4/24
McQueen, Sharon	4/25
Stephens, Rebecca	4/25
Allen, Deborah	4/26
Fitzthomas, Jean	4/26
Haskin, Jill	4/26
Mills, Judy	4/26
Shackelford, Romaine	4/26
Reynolds, Audrey	4/26
Thom, Wayne	4/26
Henderson, David	4/27
Richards, Deb	4/27
Lamphere, Richard	4/28
May, Nancy	4/28
Schatz, Camille	4/28
Delph, Linda	4/29
Haar, Robert	4/29
Scholz, Theresa	4/29
Stafford, Richard	4/29
Johnson, Helen	4/30
Peterson, Keli	4/30

## WINNERS

### MONDAY EUCHRE

12/3	Mike Maybee
12/10	Harvey Sarkisian
12/17	Dennis Mullins & Margaret Oakman
12/26	Vivian Scott
1/2	Sharon McClure
1/7	Joe Wheeler
1/14	George O'Neil
1/23	Mike Maybee

### TUESDAY PINOCHLE

12/4	Ron Sadler
12/11	Lynn White
12/18	Joe Brodak
1/8	Fred Lutz
1/15	Fred Lutz
1/22	Katherine Reid
1/29	James Bouscher

### FRIDAY PINOCHLE

12/7	Barb Dorn
12/14	Rich Brozovich
12/21	Barb Dorn
12/28	Gary Manley
1/4	Lynn White
1/11	Gwen Manley
1/18	Loretta Nacarrato
1/25	Rose Jordan

### MARATHON BRIDGE

#### DECEMBER 14<sup>TH</sup>

1 <sup>st</sup> place	Robertson - Kitching
2 <sup>nd</sup> place	Sharland - Bradley
3 <sup>rd</sup> place	Francisoco - Dorris

#### JANUARY 11<sup>TH</sup>

1 <sup>st</sup> place	Carpenter - Edson
2 <sup>nd</sup> place	Shull - Coppola
3 <sup>rd</sup> place	Blust - Gawthrop

### BUNCO

#### DECEMBER 19<sup>TH</sup>

1 <sup>st</sup>	Jim Kujawa
MB	Evelyn Kujawa

### HAND & FOOT

#### DECEMBER/JANUARY

18465	Helen Kuciemba & Gail Anderson
17330	Lisa Brown & Janet Thomas
16750	Suzanne Clemmer & Laurie Guzek
16015	Gail Anderson & Al Golinski
15880	Suzanne Clemmer & Al Golinski
14655	Valerie Albensi & Helen Kuciemba
9035	Al Golinski
7205	Valerie Albensi
8120	Suzanne Clemmer



**Independence Township  
Senior Community Center**  
6000 Clarkston Road  
Clarkston, MI 48348

## ON THE HORIZON

### MOTHER'S DAY LUNCH

Thursday, May 9, 2019      \$7.00 per person  
Senior Community Center, Bartsch Hall      12:00 p.m.-1:30 p.m.  
Check-in starts at 11:30 a.m. Join us for lunch and live entertainment

### FATHER'S DAY LUNCH

Thursday June 13, 2019      \$7.00 per person  
Senior Community Center, Bartsch Hall      12:00 p.m.-1:30 p.m.  
Check-in starts at 11:30 a.m. Join us for lunch and live entertainment



Independence Township actively seeks and supports participation by persons with disabilities in programs and services. Please call us with your concerns so we will know how to serve you better.

*Independence Township Senior Community Center is funded through the federal Older Americans Act, Community Development Block Grant Funds and Independence Township. The Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Independence Township Senior Community Center is an equal opportunity program and reasonable accommodations will be provided upon request.*



**INDEPENDENCE TOWNSHIP PARKS, RECREATION & SENIORS**

Senior Community Center • 6000 Clarkston Rd., Clarkston, MI 48348 • 248.625.8231 • [www.indtwp.com](http://www.indtwp.com)

*Making our community a better place to live, work and play by building connections with neighbors and the outdoors.*

